

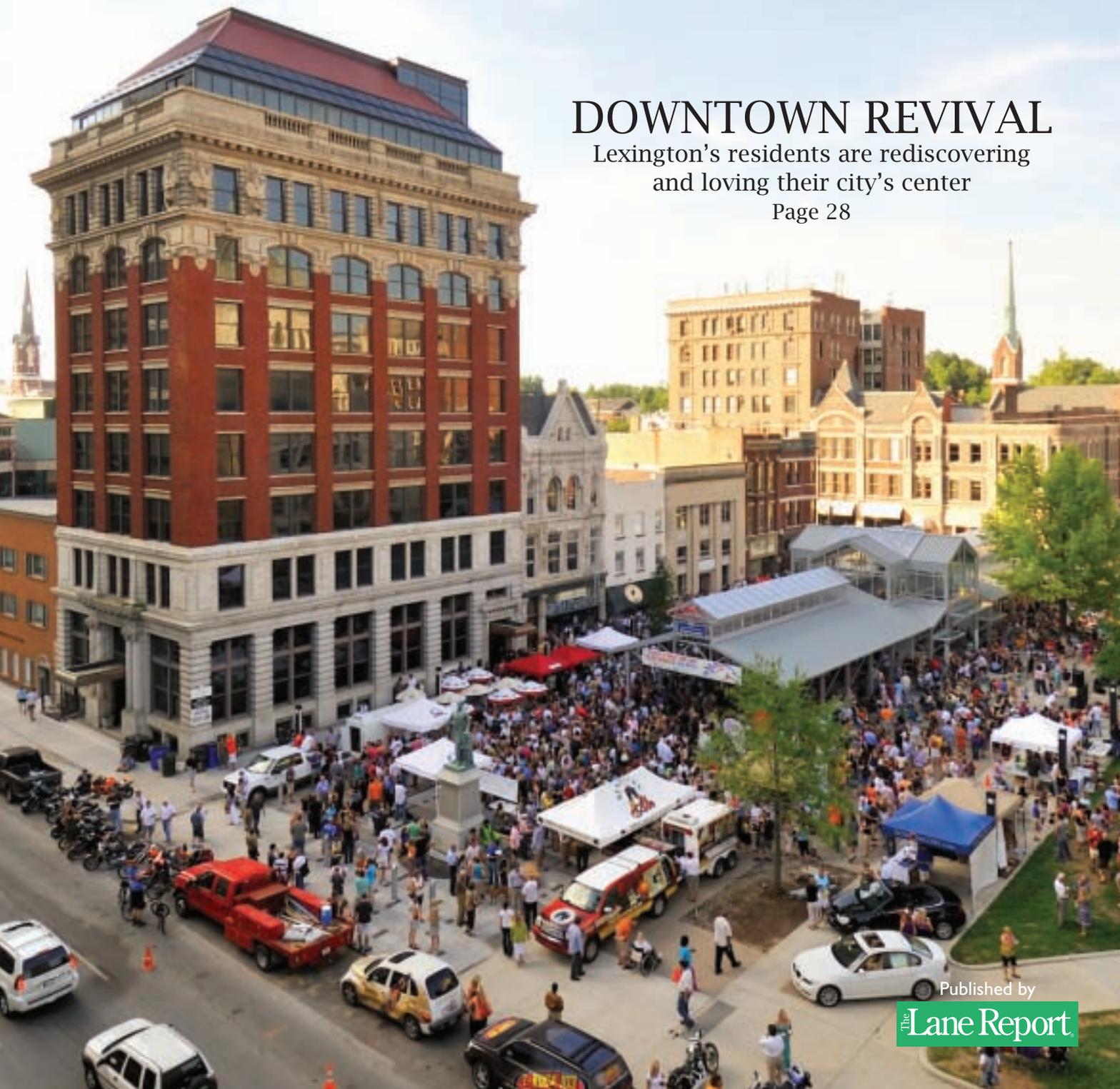


Central Kentucky  
Fall/Winter 2010  
\$5.50

## DOWNTOWN REVIVAL

Lexington's residents are rediscovering  
and loving their city's center

Page 28



Published by

The Lane Report



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This issue's young professional couple is Eric Ostertag, who was attracted to the Bluegrass by state economic incentives and UK's assets for his company that creates drug-research tools, and Zahra Tavakoli, a cosmopolitan native of Iran who landed a post as a Lexington Clinic doctor and followed him here after meeting friendly locals.

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Fall means Keeneland and The Red Mile are in high gear. Keeneland charges out of the gate with its rich FallStars Weekend stakes races, while The Red Mile wraps up with its eight-day Grand Circuit, including the Kentucky Futurity, part of Standardbred racing's Triple Crown.

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Fall in the Bluegrass



### ON THE COVER

Thursday Night Live, sponsored by the Downtown Lexington Corp., takes place each week at Cheapside Park between Main and Short streets. Renovation of the park and addition of the 5,900-s.f. Fifth Third Pavilion, completed last spring, has invigorated downtown and dramatically increased attendance at TNL, weekly Farmers Markets on Saturday and other events. Lee P. Thomas photo courtesy of the Lexington Downtown Development Authority.



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18



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A new pediatric  
emergency center  
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Introducing the new **UK Makenna David Pediatric Emergency Center**. What makes it so special? To start, it's dedicated to providing emergency care for children - the only one of its kind in the area. Even better, the full range of pediatric subspecialists at Kentucky Children's Hospital provide 24/7 coverage. And finally, the adjacent trauma center is one of a handful nationwide to be verified for pediatric trauma care by the American College of Surgeons. And now, with a much larger area equipped with the most current technology and child-friendly amenities, our renowned team of pediatric doctors and nurses can care for your child better than ever before.

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## Life in Lexington Requires the Evaluation of Opportunities

I'll be honest. A few years ago, I felt like there was never anything to do in Lexington. Obviously, I wasn't looking hard enough. The fact is, there is an excellent quality of life in Central



Meredith Lane is the editor of BG magazine and is a Realtor with Milestone Realty Consultants in Lexington.

Kentucky and an abundance of entertainment options on any given night.

While Lexington may be a mid-sized city, it has outstanding opportunities for entertainment and the

arts. Professional dance and theater companies, plays, ballets, orchestral performances, concerts and exhibitions showcase respected artists and performers from around the world.

Plus, everyday there's at least one concert, festival, art show, live performance, wine tasting, new restaurant opening or other function to go to just around the corner. Whether your taste ranges from listening to live Bluegrass music or watching a drag queen show at a downtown bar, there's certainly something for everyone.

Of our many offerings, probably the most famous outside of Lexington are the city's "old faithfuls." Here in Lexington, we are deeply passionate about our sports teams and it shows – especially at a UK football tailgate. After some beer, brats and cornhole, more than 67,000 fans file into Commonwealth

Stadium to root on our men. Fans also get pretty rowdy at Rupp Arena, as they rally with 23,000 of their closest friends to cheer on the Cats on the basketball court. Oh! There's also the other top-rated teams like women's volleyball and basketball and the men's baseball team!

Then there's Keeneland. With spring and fall racing seasons, it's the hotspot to see and be seen. And this fall, Lexington will welcome visitors from around the world for the highly touted Alltech FEI World Equestrian Games. Even if you're not into horses, you've got to give the commonwealth props for all it has done to prepare for the games with the new construction, road work and many other improvements. The 16-day-long event is projected to have a \$167 million economic impact on the state. Not too shabby.

I'm really proud of our city leaders, entrepreneurs and citizens like my friends Phil Holoubek, Everett McCorvey and Warren Rogers – just a few of the people who have taken a special interest in young professionals to help make our city better by the day. Now especially, with all the advances the city has made over the last couple of years, the question for me now isn't "what to do," but how to narrow down all my choices.



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## Webb Companies Targets CentrePointe Project to Start Construction in 2011

Construction will get under way in 2011 for the new **CentrePointe** mixed-use project. The 25-story building will be Leadership in Energy and Environmental Design (LEED) certified and will have a JW Marriott with 237 guest rooms; 71 condos; 32,000 s.f. of retail space; and 53,000-s.f. of office space.

The design of the building was completed by Jim Culpepper, principal of CMMI in Atlanta, and is in full compliance with all LFUCG zoning ordinances, height restrictions, the Courthouse Area Design Review Board (CADRB) and contains many classic and traditional architectural finishes and elements.

“We reduced the number of condominiums and increased the overall efficiency of the building by lowering the height by 10 floors,” said Woodford Webb, president of The Webb Companies. “It will still make a dramatic statement for downtown.”



## ACS Brings 700 Jobs to Lexington

ACS, A Xerox Company is bringing approximately 700 new jobs to Lexington including customer support jobs and positions for trainers, supervisors and managers.

“When deciding where to expand we work with our clients to ensure their needs can be met, there is a talented labor pool and a facility to allow us to expand now and accommodate future growth,” said Connie Harvey, group president of ACS.

ACS will invest more than \$10 million in the project, not including employee wages. Hiring, and renovation of ACS’ fifth Lexington location, is already underway, with training classes starting weekly.

ACS, one of the largest private employers in the city and the state, has more than 4,000 employees in Kentucky, including approximately 2,000 employees in Lexington.

For more information, visit [acs-inc.com](http://acs-inc.com) and click the careers tab.

## 8,000,000!

**Toyota Motor Manufacturing Kentucky Inc.** (TMMK) in Georgetown reached a significant milestone on July 27, when its powertrain facility produced its eight-millionth engine.

“Eight million engines is a hard number for me to grasp,” said David Cox, general manager of TMMK’s powertrain operations. “But to put it in perspective, if you placed them end to end, they would stretch nearly 2,800 miles – or from New York to San Diego.”

Currently, TMMK produces three different engines that are used in all of the plant’s vehicles it produces. The facility is part of a \$5.3 billion investment in Kentucky.



Staff photo

*True Colors, decorated by artist Neil Di Teresa, is sponsored by The Lane Report/Lane Consultants. It is located at the entrance to Blue Grass Airport.*

## Horse Mania

The painted fiberglass horses in 2000 were awesome, as are the 82 designs in **Horse Mania 2010**, which have been on display throughout downtown and the rest of the city since July 15. They’ll be auctioned in the Keeneland Sales Arena in December. “We’re so gratified that the public has embraced Horse Mania 2010. The artists trans-

formed 82 fiberglass horses into fantastic works of art, and it’s terrific to see people of all ages enjoying them,” said Jim Clark, president & CEO of LexArts.

Also under the auspices of LexArts Inc., area school kids painted 50 fiberglass foals for “Horse Play: For Arts Education.” The foals are on display through October at Lexington’s six libraries and will be auctioned in February to benefit each school’s art programs.

Staff photo



The new UK Emergency Department occupies the ground floor of the new UK Albert B. Chandler Hospital pavilion.

## UK Opens New ‘World Class’ ER

At the grand opening of the new **Albert B. Chandler Emergency Department at the University of Kentucky** in July, Dr. Michael Karpf, executive vice president for health affairs at UK, didn't hide his pride or enthusiasm.

“It is as good or better than any emergency room in the United States,” Karpf said of the new facility. “We have built a world-class hospital here in Kentucky.”

The 40,000-s.f. emergency department is part of the first phase of UK HealthCare's \$760 million expansion project. In 2011, the first two floors of a new 12-story patient care facility also will be completed.

UK ER photo



A patient room in UK's new emergency department, which offers the region's only Level One Trauma Center.

Staff photo



## African-American Community Icon Lyric Reopens in October

The grand re-opening of the **Lyric Theatre and Cultural Arts Center Board** is planned for this October. The \$6 million facility is viewed as a cultural icon of the African-American community and is located at the corner of East Third Street and Elm Tree Lane in downtown Lexington.

“The Lyric has come to be embraced by the city at large, and we are excited to offer activities for all segments of the community. There will be music, movies and art,” said Freda Meriwether, chair of the Lyric board.

## UK Graduate Brings Nati-Creme Gourmet Desserts to Lexington

Dessert shops have been popping up all over Lexington and the newest to hit town is **Nati-Creme**, a gourmet, self-service frozen yogurt shop. What's even better, is not only is Nati-Creme a healthy dessert alternative, offering yogurt with live and active cultures and probiotics, but a portion of the store's profits go back into the community – making life a little sweeter for children.



Nati-Creme photos

Nati-Creme owner and UK grad, Nicole Sloane, currently operates the popular dessert shop in Franklin, Tenn., along with its sister company, Naticakes, a gourmet cupcake store. This September, she expands her brand to Lexington, with a location opening at Winslow Street behind Kennedy Book Store on UK's campus.

For now, the Lexington store will solely serve frozen yogurt, but Sloane says she hopes to soon expand their offerings to include cupcakes.

Sloane created Naticakes and Nati-Creme to raise money for the Natalie Wynn Carter Foundation, a nonprofit organization named for her young niece “Nati,” who passed away unexpectedly three years ago.



Nicole Sloane opened Nati-Creme in honor of her young niece Natalie, who passed away three years ago.

“I wanted to do something in her honor that would generate revenue for her foundation and inspire hope,” Sloane says. “The mission of our business is ‘making life a little sweeter’ and we fulfill that from our sweet treats, to our hospitality, to our philanthropic endeavors on behalf of children.”

**nGimat LLC**, a subsidiary of Atlanta-based nGimat Co., is establishing a new lab facility in Lexington. The company plans to initially invest more than \$740,000 and will create 18 new high-tech jobs over three years, followed by an additional 50 full-time jobs in production and administrative positions.

At the Lexington location, nGimat will initially develop advanced lithium titanate energy storage nanomaterials for use in next-generation lithium-ion automotive batteries, as well as in energy storage components for the emerging electrical smart-grid.

## Ground Broken for Flight 5191 Memorial

Four years after the tragic crash of Comair Flight 5191 in Fayette County, ground was broken for the **5191 Artistic Remembrance**, a sculpture that will be located in the Reflection Gardens at The Arboretum State Botanical Garden.

The sculpture is a tribute to the passengers and crew who died in the crash. The goal of the Flight 5191 Commission is to have the Remembrance in place on the fifth anniversary of the crash, Aug. 27, 2011.

“The loss of 49 lives left a deep mark on our entire community,” Mayor Jim Newberry said. “There has been an outpouring of support for the surviving families that has continued year after year. This sculpture will ensure that we never forget.”

Kentucky sculptor Douwe Blumberg designed a powerful artistic memorial. Standing 17 feet tall, the sculpture will have 49 stylized silver birds in flight, sweeping heavenward. The sculpture is being developed by Hospice of the Bluegrass. Go to [bgcf.org](http://bgcf.org) to donate to the project.



*Above: Government and airport representatives and victims' family members at the ground-breaking ceremony at the UK arboretum.*

*Right: A model of the memorial sculpture.*



## '10 Bourbon Chase Relay Is Sold Out with 200 Teams

Organizers of the **Bourbon Chase Relay** announced in March that the 2010 race sold out nearly eight months prior to the event, with 200 registered teams, a 33 percent increase from those participating in the inaugural race in 2009. The 2010 Bourbon Chase is Oct. 22-23. Teams of relay runners will cover 200 miles of scenic byways, featuring the Kentucky Bourbon Trail and Bluegrass horse country.



## CEO Pearse Lyons Fulfills Dream with Namesake Whiskey

On his birthday, Aug. 3, Dr. Pearse Lyons, Alltech president and founder, unveiled a decades-old dream: **Pearse Lyons Reserve**, Kentucky's first malt whiskey since 1919. A



devotee of brewing and distilling even before completing his Ph.D. in yeast fermentation, Lyons honed the craft working at distilleries in his native Ireland. Pearse Lyons Reserve is noticeably smooth, due

in part to its double-distillation in copper pot stills from Forsyth's in Scotland.

## Incredible Food Show Features Italian Dish

Foodies, epicureans and everyone who loves food are excited about the second-annual **Kentucky Proud Incredible Food Show** at Rupp Arena and Lexington Center Oct. 23-24. Celebrity chef Giada De Laurentiis from Food Network will have two shows in Rupp Arena on Saturday, Oct. 23. On Sunday, a “Farm to Table” program will have innovative presentations from regional chefs. Both days will feature approximately 120 exhibitors, including Kentucky Proud producers and growers, specialty food companies, purveyors of cooking-related equipment and wineries.



*Giada De Laurentiis*



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## Bluegrass Fun: There's an App for That Too!

"Kentucky's Bluegrass Country" app debuted in July and has been named "new & noteworthy" by iTunes. The easy-to-use guide to attractions and restaurants in Lexington and the surrounding region features up-to-date content written specifically for a mobile device. It has a strong and opinionated author voice (Deborah Kohl Kremer), 150+ insightful entries, a 700-photo slide show and Google map for each entry, one-touch phone calling and Website access to the establishment, and relevant hours and pricing information. The app is available through iTunes for \$2.99.

**Southland Christian Church** has entered into a contract to purchase a portion of the Lexington Mall property on Richmond Road. "We are so excited as a church to be able to serve the city of Lexington in a greater way than we do currently," said Chris Hahn, senior executive pastor. "From an exterior standpoint, EOP Architects will help us create a look that will enhance the property and be something the city can be proud of."

## 'Diners, Drive-ins and Dives' Spotlights the Bluegrass Area

Guy Fieri's show on Food Network, "Diners, Drive-ins and Dives," showcased several Kentucky restaurants this summer. Crews filmed this spring at **J.J. McBrewster's American Smokehouse** in Lexington, where Fieri sampled an 80-year-old family sauce, along with barbecued goat, pork, mutton and turkey.

He also visited **Lexington's Parkette Drive-in**, **Virgil's Cafe** in Bellevue and **Wallace Station Deli & Bakery** in Versailles. The episode begins airing in September.



Guy Fieri of "Diners, Drive-ins and Dives" talks fried chicken with Samantha Brown, manager of Wallace Station Deli and Bakery outside Midway.

## Forbes Ranks Lexington As One of Top 10 Cities in America for Business and Careers



Lexington has been ranked by *Forbes* magazine as one of the nation's **best cities for business**. The magazine's Best Place for Business and Careers list - which ranks the nation's 200 largest cities - placed Lexington at No. 9, based on 12 metrics that include business

and living costs, job growth (both past and projected), income growth, educational attainment and projected economic growth.

Des Moines, Iowa, was the top-ranked city on the list, followed by Provo, Utah; Raleigh, N.C.; Fort Collins, Colo.; Lincoln, Neb.; Denver, Colo.; Omaha, Neb.; Huntsville, Ala.; Lexington; and Austin, Texas.

## Maker's 46 Bourbon Has French Connection

For the first time in the history of the company, Maker's Mark has introduced a new bourbon. **Maker's 46** is a Kentucky straight bourbon whiskey, handcrafted like the original Maker's Mark at the distillery in Loretto, Ky. The recipe for Maker's 46 starts with Maker's Mark bourbon, and its unique flavor comes from aging the bourbon for an additional two to three months in barrels with seared French oak staves.



It's time for Keeneland

# October 8-30



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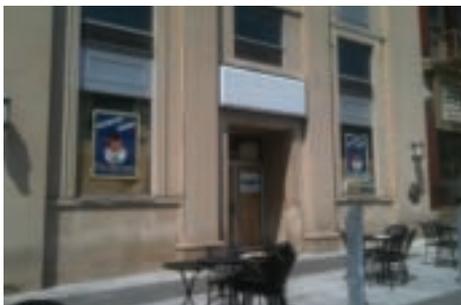


Jeff Rogers photo

**Toteally Hot** is a brand-new member of Kentucky Proud and the Berea Artisan Center. Launching in time for the World Equestrian Games, the designer line of tote bags is Kentucky-crafted. Some are in leather, others in fabric. The fashion handbags, designed by Beth Aubrey, feature the artwork of photographer Jeff Rogers and range from \$150-\$250. They're available at Sincerely Yours, Berea Artisan Center and the Kentucky Proud Market in the Shops at Lexington Center. In addition to the totes, matching leather and crystal bracelets will be available soon.

## Wild Cat Saloon

Three friends based in Indianapolis – Will Howe and brothers Ric and Kerry Payne – have a string of successful “wild” bars in their wake, including the Wild Beaver Saloons in Nashville and Lansing, Mich. They love college towns. They're opening **Wild Cat Saloon** in the middle of Cheapside Park in September, in the old National City Bank. Get ready for serious fun.



Staff photo



Blue Grass Airport photo

New facade of the terminal building

## Blue Grass Airport Launches New Services

In the last two years, **Blue Grass Airport** has undertaken more than \$66 million worth of improvement projects including a new 4,000-foot runway for use by private and corporate general aviation aircraft. There are several other new additions this summer:



- **American Eagle Airlines**, a regional affiliate of American Airlines, has launched **daily nonstop jet service** between Blue Grass Airport (LEX) and Chicago O'Hare International Airport (ORD).



- **Delta Air Lines** announced it would offer **new nonstop flight service** between Lexington (LEX) and Minneapolis/St. Paul (MSP) beginning Sept. 7.

- The new \$11 million, 12,000-s.f. **TAC Air facility** is now open. The world-class executive terminal has a high-def movie theater, exercise facili-

ties, wireless printing for laptops and smart phones, two conference rooms, an art gallery, showers and a pilot lounge with private sleep rooms. Plus, there is 45,000 s.f. of new hangar space for private jets.

The **Aviation Museum of Kentucky** is taking over the former TAC Air building, doubling the size of its former location next door.

- Passengers at Blue Grass Airport who use valet parking can have their **car detailed** while they are traveling. **Republic Parking**, operator for Blue Grass Airport's parking facility, offers valet parking customers basic detailing



for \$40 per car (\$45 per SUV/truck) or a full detail package at \$130 per car (\$160 per SUV/truck). “We are very sensitive to the busy lives that our customers lead and hope this new service provides an affordable option to help make their travel experience easier,” said Eric Frankl, executive director of Blue Grass Airport. Valet parking rates are \$13 per day, which is \$1 less than short-term parking at the airport.



TAC Air photo

## Jessamine Cafe Offers Authentic Tex-Mex



Staff photo

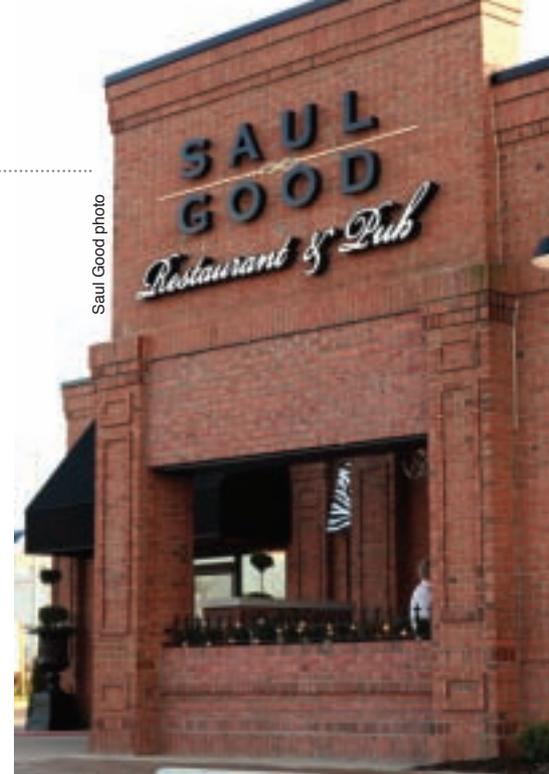
Lynn Alexander and his daughter, Kasi Alexander Sato

Along the quiet country road of 108 Keene-South Elkhorn Road in the Keene Community of Jessamine County, now rests the **Dixie Café and Quick Stop**.

Texas natives – and now Jessamine County residents – Kasi Alexander Sato and her father, Lynn Alexander, renovated the space, which previously housed Wilson’s Grocery & Deli, and reopened in March as the Dixie Café. The eatery now has a modern new look, a varied menu and other convenience store sundries for sale.

It serves mostly Tex-Mex inspired dishes for breakfast and lunch, including chips and homemade salsa, bison chili, enchiladas and breakfast burritos, as well as burgers, pizza and sandwiches.

Sato says the restaurant encompasses a lot of her family’s history. The café was named after her grandmother, who owned a restaurant in Texas in the late 1940s and early 1950s.



Saul Good photo

Saul Good #2 is located in Hamburg

## Saul Good Builds on Concept’s Success with Hamburg Site

Serving chef-forward pub food with flavors from around the world, **Saul Good Restaurant #2** opened in Hamburg this spring in the former Ruby Tuesday location. Restaurateur Rob Perez took the building down to the studs and rebuilt the restaurant to look like Saul Good off Nicholasville Road. There’s seating for 138 inside, plus 30 on the covered and heated patio.

## Polo Club Blvd. Extension Opens

Pat Madden built the **Polo Club Blvd. extension** in late 2009 and dedicated it to the city, as builders do. It officially opened this year on July 16 at high noon. “In the same way Sir Barton Way was for this side of the [Hamburg] farm, we extended Polo Club Blvd. from Man O’ War to Winchester Rd. and opened the development,” said Madden.

## Tulip Bistro & Bar Blossoms

Tulip Bistro and Bar opened this spring in the former AP Roots spot on Romany Road. Executive chef Spencer Van Den Dool serves up a French-American dinner menu Tuesday through Saturday, with entrées such as chicken roulade, scallops and linguine, and fish specials.

## Morgan Horse Group Joins KHP

The American Morgan Horse Institute (AMHI) signed a 99-year land lease with the Kentucky Horse Park for a 22,000-s.f. **Morgan Horse Pavilion**. The ribbon cutting ceremony was held July 9 and the three-story pavilion is scheduled to open in time for the World Equestrian Games. The pavilion will also be the headquarters for a national therapeutic riding program for disabled veterans, in conjunction with the Commonwealth of Kentucky and Central Kentucky Riding for Hope.



## Urban League Hosts Centennial

The Urban League of Lexington-Fayette County is hosting the centennial celebration of the **National Urban League** (1910-2010) with a dinner on Oct. 18 at Lexington Center. The Urban League has been in Lexington since 1968 and has hosted an annual celebratory dinner with an average of 550 to 600 people each year.



Luther Deaton of Central Bank receives the 2009 Community Award from P.G. Peoples Sr., president/CEO of the Urban League of Lexington-Fayette County, at last year’s dinner.

## Town Branch Clean-up Spiffs Up New Trail

In an effort to keep Central Kentucky's streams clean, on June 26, our friends from *The Bourbon Review* sponsored a **stream clean-up** along the Town Branch of Elkhorn Creek along Manchester Street in downtown Lexington.

Near the creek is the Town Branch Trail, which is a proposed shared-use greenway trail, a paved route for pedestrians and bicyclists that will connect downtown with its equine landscape via area neighborhoods, parks and historic sites.

The trail is a significant component of Lexington's Greenway Masterplan, Downtown Masterplan, Downtown Streetscape Plan and the Newtown Pike Extension.



Jeremie Kirk photo

## Railroad Drug Brings 'Scripts to Midway

Railroad Drug and Old Time Soda Fountain opened on Main St. in historic downtown Midway in August. After more than 13 years without local prescription service for its 1,600 residents and surrounding community, the small Bluegrass town is happy to welcome the new drugstore, owned by pharmacist Ken Glass and his wife, Amanda, both Midway residents.



the new drugstore, owned by pharmacist Ken Glass and his wife, Amanda, both Midway residents.



## Central Baptist Unveils \$200M Expansion



Central Baptist Hospital rendering

**Central Baptist Hospital** in Lexington will break ground in the fall of 2010 on a \$200 million expansion that will include a cancer center and women's center.

Central Baptist has also opened its second building at the Central Baptist Medical Plaza in northern Jessamine County. With the addition of the new \$7 million facility, the medical plaza now offers urgent care treatment; CT, ultrasound and X-ray services; screening mammography; and primary care physician offices. MRI,

diagnostic mammography services and physical and occupational therapy services are slated to be added in the months ahead.



In July, **Holly Hill Inn** was chosen by *Fodor's Travel* as a 2010 Fodor's Choice selection. These distinctions have been awarded since 1988 to the very best hotels, restaurants and attractions around the world. Holly Hill Inn was recognized as a leader in its field for service, quality and value in 2010.

## High-Tech LabDX to Open in Lex, Create 65 Jobs at Startup

A new laboratory and biodiagnostics company has opened in Lexington and expects to soon add 65 new high-tech jobs with an average annual wage of \$50,000, exclusive of benefits.

**Laboratory and BioDiagnostics LLC** (LabDx) is a start-up firm that specializes in testing and delivery of lab results to electronic medical record systems. The company is employing technology to permit transferring lab results directly from the company's new medical laboratory to customers' electronic medical records systems. Their laboratory and reporting services are marketed to physicians and medical facilities to help eliminate errors while improving reporting speed. The company's initial target market will be non-hospital based patient care providers currently using independent laboratories.

LabDx is a client of the Lexington Innovation and Commercialization Center, one of six statewide Innovation and Commercialization Centers (ICCs) providing locally accessible, business-building consulting and related services to Kentucky's entrepreneurs and scientists.

This fall, check out some of the Equine Art Exhibits around the Central Kentucky area:

**A Salute to the 2010 Alltech FEI World Equestrian Games**  
Lexington  
lexingtonhistorymuseum.org

**Elena Dorfman: Pleasure Park Series: The Horses**  
Lexington  
anntowergallery.com

**Portrait of a Horse: The Exquisite Equine**  
Georgetown  
georgetowncollege.edu/art

**Fay Moore: 25 Years at Heike Pickett Gallery**  
Lexington  
heikepickettgallery.com



*A Gift from the Desert*

**A Gift From the Desert: The Art, History and Culture of the Arabian Horse**  
Lexington  
IMH.org

**Gridworks**  
Lexington  
neweditionsgallery.com

**Hoofbeats and Heartbeats: The Horse in American Art**  
Lexington  
uky.edu/artmuseum

**Horsetails 2010**  
Lexington  
horsetails2010.com

**The Spirit of Kentucky: Mountain Traditions**  
**Libra Rising by Erica Nordean and The Ride of a Lifetime by Rickelle Nelson**  
Lexington  
southhillgallery.com

**Horse Mania 2010**  
Lexington  
horsemania2010.com

**The Art and Elegance of Sport Horses**  
Lexington  
cccllex.org/art

**All Things Equine: Equine Art by Stoner Creek Artists**  
Paris  
hopewellmuseum.org

**The Horse and the Iron Horse**  
Versailles  
bluegrassrailroad.com

**The Illustrious Horse: Artists Respond to the Clara Peck Collection**  
Lexington  
transy.edu/morlangallery

**Cross Gate Gallery**  
Lexington  
crossgategallery.com

**The Horse: Interpretations by Kentucky Artisans**  
Berea  
kentuckyartisancenter.ky.gov



*Horse Mania*

LexArts/Mary Rezny photo



*Horsetails*

Sutton's Italian Restaurant photo



## New Richmond Road Restaurant Offers Italian Peasant Fare

It used to be a Schlotzsky's, now it's the locally owned **Sutton's Italian Restaurant**, in the Kroger parking lot off Richmond Rd. Owners Gordon and Lynda Lewis both grew up in Italian families. Her great-grandfather opened Lexington's first Italian restaurant, Serafini's in 1948. Sutton's is named after the couple's 6-year-old daughter, Sutton. The menu is "Italian peasant food" made from scratch.

## Banks Deposit New Branches in Suburbs

There's been a flurry of banking activity at Beaumont off Harrodsburg Road, just south of New Circle. Three new bank branches have recently opened in the development including **BB&T**, **Whittaker Bank** and **Forcht Bank**.

**Central Bank** is also remodeling a former bank at Tates Creek Centre, bringing its number of Lexington locations to 13. The branch is expected to be open before year end. The new branch will be similar in design to Central Bank's branch (shown below) on Tates Creek near Fire Station #7.



*BB&T*



*Forcht Bank*



*Whittaker Bank*



*Central Bank*

Staff photos

## The Beer Trappe Taps Chevy Chase



The Beer Trappe photo

Lexington now has a new craft beer store in the Chevy Chase area. **The Beer Trappe** is next to the Blue Moon on Euclid, with a selection of 475 high-end specialty beers made

in small kegs. Most are sold by individual bottles, allowing you to mix and match, or try before you commit to a six-pack. The beer bar started as a tasting bar, but now it's a standard bar, with beer sold by the glass, the sample (\$1 draught) or the flight (four for \$10). There are eight beers on tap, rotating several times a day. The Beer Trappe is locally owned by Pazzo's owner Brett Behr.

**The 6 Friends Cafe** opened May 26 on Kentucky Avenue. in a restored house built in 1904. Owners Dee Cain and Tonya Taylor named their eatery after a children's book. Their paninis, sweet crepes and savory crepes are made with as many local ingredients as possible and are all named after their friends and pets.

## Beaumont Adds \$2M Amphitheater Venue



Staff photo

It was three years in the making, but **MoonDance at Midnight Pass** amphitheater opened Aug. 8 with a performance of "Tommy - the Encore" by Actors Guild of Lexington. With land given by the Carol M. Gattton Trust and design and construction provided by Haymaker Development Company, the \$2 million facility in Beaumont was donated to the community. It has tiered grass seating (bring a chair or blanket), a covered stage with dressing rooms,

Wi-Fi, a PA system and permanent restrooms. The amphitheater is also available to rent for arts events and weddings.

## Newtown Extension Cinches Up New Name

The Newtown Pike Extension in downtown Lexington has been renamed **Oliver Lewis Way**, the overwhelming favorite of the more than 4,000 citizens who recently voted in a road naming contest.

Oliver Lewis was an African-American jockey who rode Aristides to victory in the first Kentucky Derby in 1875.

A total of 4,099 votes were cast in the naming project. The committee received a total of 568 nominations for 168 different names. For the most part, Oliver

Lewis Way will be a four-lane boulevard with bike lanes. It will significantly reduce downtown congestion, support Lexington's downtown development plan and provide direct access to the University of Kentucky's campus.

The project, funded through state and federal grants, is considered to be a national model because it revitalizes Davis Bottoms neighborhood and creates significant new, affordable housing opportunities.

### Ky. Exports Are \$19 Billion Biz

Kentucky Is Global! Did you know Kentucky is represented in foreign countries? **The Cabinet for Economic Development** has international offices in Guadalajara, Mexico; Tokyo, Japan; and Beijing, China. Exports from Kentucky to other countries contribute more than \$19 billion a year to the Commonwealth's economy. About 400 international companies have offices in Kentucky.

## Rincon Goes South

Family-owned **Rincon Mexicano Restaurant** opened on Harrodsburg Road. near Palomar this spring. Restaurateurs Sergio Budar



and Maria Budar (her family also owns the Rincon on Euclid) serve authentic Mexican fare, along with margaritas and domestic and Mexican beers, plus live music on the weekends.

## Pastrami on Main

Longtime deli operator Charlie Oudeh of Virginia is opening **Main Street Deli** in late September. Featuring an urban-style menu of pastrami sandwiches and hamburgers, the 2,000-s.f. deli is located in the World Trade Center/Hilton complex.



## LifePoint Invests \$60 Million in Winchester

Clark Regional Medical Center has been acquired by LifePoint Hospitals Inc., a Brentwood, Tenn.-based company that operates 47 acute-care facilities in 17 states.

As part of the acquisition agreement, LifePoint has committed to invest approximately \$60 million to build and equip a new 132,000-s.f. hospital to replace the existing 100-bed facility.

Construction on the new hospital is expected to begin this year and be completed within 18 to 24 months.

LifePoint has eight affiliated hospitals in Kentucky, including Bluegrass Community Hospital in Versailles, Bourbon Community Hospital in Paris and Georgetown Community Hospital in Georgetown.

Clark Regional Medical Center's new facility is expected to be complete within 18 to 24 months.



## Lex Sets Goals for High-Tech Transparency

Mayor Jim Newberry has formed a committee of citizens and government employees to find ways to upgrade the city's e-commerce site. On Aug. 13, Newberry appointed the committee to advance the new **LeX-Ray** initiative, with the goal of making Lexington city government a national leader in electronic transparency and commerce.

Newberry says LeX-Ray will give citizens "X-ray vision" into how their government is spending their tax dollars. Since 2006 the city has brought its previously antiquated electronic infrastructure into the 21st century by upgrading hardware infrastructure and software applications. The goal of LeX-Ray is to create a virtual gateway to city government.

## BlueFire Grill Heats Up Hyatt



The Hyatt Regency Lexington is opening the **BlueFire Bar & Grill** in its lobby, with free Wi-Fi and seating for up to 250 guests for breakfast, lunch and dinner. The \$1 million restaurant project was completed in July. Chef Chris Vandenberg

will lead the kitchen. "The menu is rich with imagination and flavor, and our goal is to be the best bar and grill in downtown Lexington," said Larry Bell, general manager of the Hyatt Regency Lexington.

## Ky. American Opens Spigot



In September, Kentucky American Water's new treatment plant in Owen County started providing a second water source for the Central Kentucky region.

## Jos. A. Banks Dresses Up CBD

**Jos. A. Banks** has 475 stores across the country. The suits at the national retailer were impressed with the improvements in downtown Lexington and expect to have the upscale men's clothier store this fall. It will be on the first floor of the World Trade Center tower, on the corner of West Vine and Mill Street.



## Keeneland Draws Overseas Attention

The Kentucky Horse Racing Commission has approved a proposal for a race this October at Keeneland Racetrack with **Arabian horses** sponsored by equine officials from Abu Dhabi. The proposal, offered by Keeneland Association officials, is designed to attract further international attention to Kentucky and the horse industry during the World Equestrian Games.

# Kentucky Jumps for Joy

*800 equestrian athletes are excited and ready for 16 days of competition*

Are you ready for it? The eyes of the world are on Lexington September 25 through October 10 for the 2010 All-tech FEI World Equestrian Games.

This is the first time in the history of the event that it's been held in North America. For it to be in Lexington, Kentucky seems to be further proof that this region truly is the horse capital of the world.

The 16-day series of competitions draws more than 800 equestrian athletes, as well as more than 800 horses from more than 50 countries, which might just be the greatest trans-Atlantic movement of horses since World War II. WEG, as it's been affectionately known in the Bluegrass, truly is a global event. Prior World Equestrian Games have been hosted by Sweden, the Netherlands, Italy, Spain and most recently, Germany in 2006. The Games are held every four years and got their start in 1990.

Don't know anything about the Games? Don't worry. Whether you like fast-paced sports like Nascar or the grace and beauty of figure skating, there is something for everyone.

There are eight disciplines in this year's games. We'll start with **dressage** which means "training" in French. It's the achievement of a perfect harmony between horse and rider. In the Grand Prix and Grand Prix Special competitions of dressage, each horse and rider perform the same test – a combination of movements and gaits – designed to demonstrate the level of achievement of those qualities. Five judges mark the prescribed movements in each test independently of each other. In the popular Freestyle competition, the rider designs and choreographs an original test to be ridden to music of

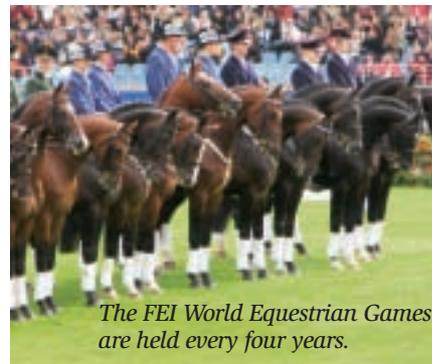


Show jumping



Driving

World Games 2010 Foundation photos



The FEI World Equestrian Games are held every four years.

their choice, using the same movements required in the regular Grand Prix test but combined according to the rider's individual musical and artistic goals. Plus, for the first time this year, para dressage is part of the games. That matches riders who have physical disabilities with able-bodied riders to compete in the sport.

Then comes **endurance**. Wow. It's a 100-mile race against the clock that many of the top horses in the world who compete in it won't even finish. In fact, it's likely that

less than half of the horses in the race won't finish. There are five compulsory stops for veterinarians to check the horses' fitness to continue. The competitor who finishes the ride in the shortest time wins. This event is expected to bring in royalty from the Middle East just to watch. For the first time ever, the games will be using GPS technology during the race, so you will know where your favorite horse is running.

**Reining** might be the best event for you if you can't sit still or be quiet. Fans



*The Kentucky Horse Park's \$25 million outdoor stadium has nearly 7,400 permanent seats and the flexibility to expand seating for larger shows.*

are expected to hoot and holler during this one. Reining is a judged event designed to show the athletic ability of a western-type horse in a show arena. In Reining, competitors are required to run one of several approved patterns. Each pattern includes small slow circles, large fast circles, flying lead changes, roll backs, 360 degree spins done in place, back ups and the exciting sliding stops that are the hallmark of the reining horse.

Next is **Jumping**. A Jumping competition is one in which the combination of horse and rider is tested under various conditions over a course of obstacles. It demonstrates the horse's freedom, energy, skill, speed and obedience in jumping as well as the rider's horsemanship. The competitors are penalized for exceeding the time allowed, for knocking down or refusing to jump an obstacle.

**Eventing** is an all-around test of horse and rider. The event is comprised of three tests on three days with the same horse and rider. The dressage test, the cross-country test and the jumping test will be held in the new stadium built at the Kentucky Horse Park just for the event.

**Vaulting** is one of the most popular events. It's like gymnastics on a horse and it's all performed to music. It

requires a harmonious relationship with the horse and outstanding physical condition from the vaulter.

Finally, there's **Driving**. This fast-paced, high drama sport has one driver and a team of four horses battle in three different competitions: Driven Dressage, Marathon and Obstacle Cones Driving.

All that and you're still not interested? There's plenty more to do at WEG. The Horse Park is transforming itself not just for the events, but for spectators of all ages. Kids can do everything from learning how to braid a horse's mane to petting a kangaroo or maybe even a shark. There will be a little slice of Kentucky from every corner of the commonwealth, even some animals who live at the Newport Aquarium will be visiting. There will be experts from every equine industry to answer your questions or even teach you a thing or two.

For those spectators just a little bit older, you will find things like champagne

tents and a wide variety of all different kinds of food. There will also be shopping at just about every turn.

With that many people, you better believe there will be a boost to the economy in Lexington and central Kentucky; \$167 million is what's expected to be pumped throughout the area in conjunction with the Games. Lexington's hotels, restaurants and shops have all been gearing up for the event. Some people have even rented out their homes for a little boost to their personal finances.

Still not convinced? You don't even have to go to the Horse Park to enjoy the World Equestrian Games. Spotlight Lexington is a 17-day event that will be held downtown with different things to do and see every night.

In 2006, Lexington made a bid to hold the Games here, but didn't get it. Boy, are the organizers glad they waited. Now they've had a few years to make all sorts of improvements to the Kentucky Horse Park and all the roads leading there hoping to avoid a big traffic tie-up.

Organizers have made the 2010 FEI Alltech World Equestrian Games an event to remember. An event approximately 500 million people worldwide are expected to watch on TV. An event that brings the best equestrian athletes in the world and spectators from across the globe to central Kentucky. So go buy a ticket. After all, who knows when they'll be back on our side of the world? ●

## FEI World Games' Economic Benefit Estimated to Be \$167 Million in Kentucky

Kentucky could realize a \$167 million economic benefit from the 2010 Alltech FEI World Equestrian Games, a significant increase from early projections of \$150 million, organizers said.

The study, conducted by Dr. Paul Coomes, professor of economics at the University of Louisville, shows a direct impact to state and local governments through payroll taxes and taxed purchases by spectators in regional hotels, restaurants, retailers and car rentals.

Current ticket sale projections estimate that more than 85 percent of the event's spectators will come from out-

side Kentucky, bringing new dollars into the region's economy. Current ticket purchasers are averaging five days of attendance, and the lodging that comes with those visits could account for more than \$20 million in spending on accommodations alone.

In addition, the study estimates significant employment opportunities, bringing employees and payroll taxes into the state and local economies. The study also noted impacts that worldwide television exposure, branding, advertising and media coverage would bring to Kentucky for years to come.



*Mary Jo Perino is a sports anchor for WLEX-TV in Lexington. She can be reached at [editorial@lanereport.com](mailto:editorial@lanereport.com).*

Focal Peace Photography photo



"Love Rocks" by Marlow-Crane Designs

# Thoroughbred Threads

While it's true there's no shortage of beauties in the Bluegrass, it's even truer that the Bluegrass is home to some exceptional local designers who keep us all looking our best, from everyday outfits to gorgeous wraps and gowns. When it comes to unique threads, make no mistake: we've got you covered!

## Marlow-Crane Designs

Feel like a princess in these unique headpieces and necklaces made from sequins, jewels and fabrics galore. Find your sophisticated side, as you slip into one of Maui Crane's latest creations.

Mauricio "Maui" Crane was born in Bogota, Colombia, but recently relocated to Lexington and has graced us with his jewelry line called "Love Rocks." Inspired by his late mother to share his gift of creativity with the world, Maui creates beautiful Hair Flowers and Necklaces adorned with flowers and jewels to make any woman feel pretty and feminine. His work has been seen in print and on TV. It is currently being sold at Mod Boutique and Black Market Boutique locally. Check out his line of accessories when you want to feel girly and sophisticated.

**To find Maui's work on Facebook, search "Love Rocks"**

## Truly Wearable Art

Wearing art gives it new meaning and new life. Breathe life into these beauti-



Mary Rezny photo

Lavern Zabielski's collection is made from all natural fabrics and includes serenity shawls, goddess capes, bolero jackets, poetry vests and skirts, riding coats, caftans and dresses.

ful scarves and shawls from Truly Wearable Art and let your life be the canvas.

Laverne Zabielski will tell you herself that her art is all about color, and it is. Take a peek at any of her designs and you will see beautiful color that you will want



Maui Crane photo

Maui Crane's mother Maria Teresa Crane inspired him to follow his dreams and pursue his jewelry line.

to wear. Using a Japanese dying technique called Shibori, Laverne dyes her fabrics by first wrapping them around a pole and then using several colors of dye on the cloth, creating a pattern. Influenced by what she learned as a child from her mother, Laverne enjoys reliving those childhood memories as she creates serenity shawls, goddess capes, bolero jackets, poetry vests and skirts, riding coats, caftans and dresses. You can find her work in Main Cross Gallery, Bella Rose and Parisienne in Lexington and the Kentucky Museum of Art and Craft in Louisville.

**[lavernez.com](http://lavernez.com)**

### Twisted Textiles

Looking for a way to show your commitment to the Earth and the eco-friendly movement? Let Twisted Textiles spin you up something one-of-a-kind that Mother Earth would be proud of.

A collector and organizer first and foremost, it's easy to see how Jamie Kuli McIntosh made the leap from collecting to creating. Her unique line of wearable art is made from various textiles and

recycled materials. A graduate of Transylvania University, Jamie is a member of the Lexington Art League and is always showing off her innovative ideas, creating something beautiful and useful out of common household waste. Whether it's a ball gown made of plastic or a dress made of dryer sheets, one thing is clear: Jamie loves a challenge!

**[twistedtextiles.com](http://twistedtextiles.com)**

### Cradle Will Rock

Want your small fry to dress like the rockstar he is? Have no fear, Cradle Will Rock has the market cornered on unique, trendy kids clothes that you will adore!

Rhonda Smith has you and your little ones covered from top to bottom. Cradle Will Rock carries a uniquely rocker-style line of clothes for babies and kids. She was initially inspired when she had two young boys of her own and couldn't find any cool clothes for them to wear. With a successful start in South Beach, Calif., Rhonda decided to open a store in Lexington to share her rockin' threads with those



PriscillaPhotography.com photo

*Rhonda Smith's designer line of "mommy and me" clothing is sold at her store Cradle Will Rock, located in Victorian Square.*

looking for a little more edge for their half-pints. From sweet and adorable, to edgy and cool, let your little rockstar shine!

**[cradlewillrockonline.com](http://cradlewillrockonline.com)** ●



*Brett Lane is a writer for BG. She can be reached at [editorial@lanereport.com](mailto:editorial@lanereport.com).*

Jason McIntosh photo



*Above and right: In addition to using fabric and cloth, Twisted Textiles Designer Jamie Kuli McIntosh has also been known to sew with plastics and paper.*

Jason McIntosh photo



by Erik Rust

# What's Going On:

## Spotlight Lexington and Alltech Fortnight Festival and the 2010 World Equestrian Games

When the World Equestrian Games touch down in the Bluegrass, anyone who happens to moan about being “bored” will have only themselves to blame. While WEG itself will have plenty of excitement to highlight, there is plenty to be said for the vast array of entertainment to rear its head all over the region thanks to the stellar events that are part of the 2010 versions of Spotlight Lexington and Alltech Fortnight Festival. Without a doubt, the conscientious fun-seeker will have a plethora of options to keep their festive spirits rolling along.

The Bluegrass is primed to explode with excitement by virtue of all the different activities featured, especially considering the high-profile nature of the performers at the center of the respective events. **Spotlight Lexington** will be hosting its side of the party with the headlining/kick-off appearance of country music star Blake Shelton and will feature numerous other fantastic artists, including homegrown country music singer, Laura Bell Bundy.

Also big on name power, **Alltech Fortnight Festival** will be featuring a ridiculously stacked roster of talent during its many shows and spectacles. Entertainers will be performing in various venues from Louisville to Ashland on a nightly basis that will stretch for two straight frivolous weeks. Notables from this celebration range from Wynona Judd, Loretta Lynn, Kenny Rogers and Charlie Daniels to Nickelback, The Beach Boys and Big Bad Voodoo Daddy.

### Spotlight Lexington

The host city's event, Spotlight Lexington, will likely wet the whistle of those looking for an old-fashioned good time complete with various forms of entertainment and great food.

With the presence of country music sensation Blake Shelton, who will be

bringing his honky-tonk prowess to the stage, downtown Lexington looks to champion itself as one of the area's hottest spots. Shelton will be opening the festival on Sept. 24 at the event's Main Stage, which sits prominently in the middle of the Robert F. Stephens Courthouse Plaza in the heart of the city.

Shelton, whose star power and accomplishments speak for themselves, is responsible for six Number One hits, including 17 total charted singles. If that's not enough to impress you, add Vocal Event of The Year and Collaborative Video of the Year to that already robust list. He is also coming off the recent release of his newest disc, *All About Tonight*, which promises to be another blockbuster.

Lexington's own Laura Bell Bundy will provide some hometown pep and hot-shot star power with her appearance on Friday, Oct. 1. Bundy is originally known for her masterful acting on Broadway, including leading roles in “Hairspray” and her deft portrayal of bubbly blonde Elle

Woods in “Legally Blonde: The Musical,” which netted her a Tony Award nomination for Best Leading Actress. Notable acting credits also include feature slots in films “Jumanji” and “Dreamgirls” and a heavy dose of television work on shows such as “Guiding Light.”



Laura Bell Bundy



Nickelback



The Beach Boys



Josh Turner



The Temptations



Wynonna Judd

Ever vivacious as she is, Bundy has now crossed over into the country music realm debuting with her *Longing For A Place Already Gone* album in 2007 and following up with her well to do second LP *Achin' and Shakin'*. With album sales for the latter continuing to pile up, Bundy promises to kick up some local dust by bringing her boot scootin' country energy to Spotlight Lexington's Main Stage.

With an unheard amount of stage experience (including a performance of her raucous single "Giddy On Up" on The American Country Music Awards) Bundy has certainly been around and should have the crowd two-stepping and strutting the night away in the way only a hometown starlet can. Her addition clearly ups the ante for notoriety at the festival.

Also worth noting are the ever-vibrant and rustic sounds of Americana purveyors Sam Bush, a virtuoso of the mandolin, and the also familiar face/sounds of JD Crowe and The New South, featuring their bluegrass mastery. Their performances will coincide on Friday, Oct. 8, also on the Main Stage.

Plenty of other artists will round out the proceedings and, given the level of diversity of those performing, everyone should have something to get down and dirty to. Jazz, Broadway, bluegrass, opera,

rhythm and blues and some ballet performances will also enliven the events.

Aside from the rollicking sounds and high-octane performances abound, participants of the festival will also be privy to coverage from WEG on a daily basis via a massive video board placed in Phoenix Park. This ensures that event-goers feel as connected to the games as possible, whether they find themselves at the Kentucky Horse Park or jamming to the tunes out in the streets. Action will also be taking place throughout downtown Lexington in Triangle Park, Cheapside Park and in Centerpointe, meaning the city's nucleus will be buzzing like a real party should.

[spotlightlexky.com](http://spotlightlexky.com)

### Alltech Fortnight Festival

With an absolutely daunting amount of feature artists, Alltech Fortnight Festival will introduce and host two weeks of first rate entertainment that sees its foot- and fingerprints across regional venues far and wide. Sensing the deep importance of casting Kentucky in a glowing light, the festival intends to "celebrate Kentucky's moment on the world's stage." The proceedings will happen statewide and provide the perfect complement to Alltech's mission, which is to effectively connect parts of the region throughout the Bluegrass with

plenty of talent to boot. This means shows in places all over the land. Musical luminaries will include Wynonna Judd, Ralph Stanley & The Clinch Mountain Boys, The Temptations, Big Bad Voodoo Daddy with Lexington Philharmonic, Tony Bennett, The Beach Boys, Kenny Rogers, Charlie Daniels' Band and, the Coal Miner's Daughter herself, Loretta Lynn.

For more rock-oriented types, also blasting into town will be Nickelback featuring modern rock stars Three Days Grace and Buckcherry at Rupp Arena on Oct. 8. Add the rocking of Rupp's rafters to that of all the other versatile venues and you truly have a smorgasbord of entertainment that is certainly worthy of calling itself a festival.

Since bursting onto the landscape in 2008, Alltech's powerhouse entertainment extravaganza has traveled to 13 Kentucky cities and made its way to 18 of Kentucky's finest and most character filled venues. An undeniably sincere and important element is the festival's mission to place Kentucky's best foot forward and its insistence on involving local bars, restaurants and arts scene's in the thick of things.

[alltechfortnightfestival.com](http://alltechfortnightfestival.com)

With a mammoth amount of bustle in the Bluegrass during the World Equestrian games, one would be hard-pressed not to find something to satisfy their entertainment whims on any given night. With representatives from almost every genre practically imaginable, there will be no shortage of options.

If you can't find something to do amidst all of that, you just ain't trying hard enough. ●



Erik Rust is a writer for BG. He can be reached at [editorial@lanereport.com](mailto:editorial@lanereport.com).

# A Bluegrass Breakfast

Saturday and Sunday brunch serves as a debriefing session among friends. Men and women, coming together to catch up, share secrets, laugh and find out what exactly happened the night before...

This weekend, when you call your best friend for brunch, consider one of these local restaurants for good eats and good fun.

**Doodle's Restaurant:**  
**"Comfort Food with a Conscience"**  
 262 North Limestone Street, Lexington

Doodle's Restaurant was born in an abandoned gas station on the corner of Third Street and North Limestone – the urban heart of Lexington. Lillie Ruschell, co-creator and general manager, is the charm and spirit of this popular eatery.

Doodle's mixes big city energy with small-town, Southern hospitality. Many of the dishes served there are laced with a little bayou flair in honor of Ruschell's hometown of New Orleans.

With an open kitchen, guests can watch fresh biscuits being pulled from the oven. Stands of homemade cupcakes adorn the countertops – with icing so beautifully crafted, like artwork, you must remind yourself not to touch. Orders are placed at a front cashier station and a number is

Don Parsons photos



Above: Stinky and Coco's owner Don Parsons named his Winchester diner after his two cats. Right: The Stinky and Coco's menu consists of entrees with a spicy kick. A popular dish: the shrimp and grits (pictured).



assigned. Diners grab whichever table looks appealing and a cup of coffee until their fresh breakfast is delivered.

"We are hip, fast, friendly and fresh," Ruschell said. "We serve comfort food with a conscience, using local, organic ingredients whenever possible. We love to make our guests happy."

[doodlesrestaurant.com](http://doodlesrestaurant.com)

**Stinky & Coco's: "It isn't stinky at all..."**  
 1 North Main Street, Winchester

Stinky & Coco's may seem like an odd name for a restaurant, but Stinky and Coco are the beloved furry felines of Owner Don Parsons. When choosing a name for his diner, which launched December 2009, Parsons wanted to be sure to choose a name that was remembered. Mission success.

Stinky & Coco's is a quirky joint that is perfect for a cozy comfort meal. While dining there, you may overhear waiters, owners and cooks talking with the regulars – most are on a first-name basis – about their children, UK basketball and if they were able to fix that latest muffler problem. "I never want someone to visit Stinky & Coco's and have their sole interaction with us be ordering and paying



A signature item on Doodles' menu is the beignets – the cousin of a doughnut, made of deep-fried dough with confectioner's sugar sprinkled atop.

Doodles photo

Staff photo

Josie's photos



Josie's serves breakfast and lunch items in a relaxed, "country" atmosphere.

for their meal," Parsons said. "We are a place where locals can come and see neighbors and reconnect, or someone passing through can have a meal and some good conversation."

Parsons was born and raised in Chicago. Working at notorious restaurants such as Stars of Siam and Jazz Oasis, Parsons is bringing an eclectic mix of tastes – with a southern flair – into the heart of Winchester.

[stinkyandcocos.com](http://stinkyandcocos.com)

**Josie's Restaurant:  
"Everybody knows your name"**

621 Chevy Chase Place, Lexington

It is highly recommended that you wash your face, brush your teeth and put on something decent when going to Josie's Restaurant. Josie's does not have a dress code, white tablecloths, or a string quartet. But it is like Cheers: "Everybody knows your name."



If you have not seen your math teacher from sixth grade or your mailman – go to Josie's. They are having breakfast there, right now.

While anonymity may be nil at Josie's, it is also part of its sparkle. In an age where we communicate via status updates, texts and tweets, Josie's reminds us that we are part of a local community and bumping into that long lost friend is actually kind of nice.

Josie's underwent a major renovation after it closed earlier this year and reincarnated into the breakfast and lunch diner it is today.

Serving creative pancakes of the day (like cookies and cream pancakes made with crushed Oreos), to-die-for BLT sammys that are paired oh, so perfectly with shoestring French fries, and the popular Northern Kentucky breakfast treat goetta, Josie's offers something to satisfy everyone's palate.

[josiesgrabandgo.com](http://josiesgrabandgo.com)

**TollyHo: "You cannot get a Mega-Ho to go anywhere else in Lexington, legally." – Tolly Ho Patron, 3:00 am**

395 South Limestone Street, Lexington

Established in 1971, Tolly Ho is an institution at the University of Kentucky. Open 24 hours a day, seven days a week, The "Ho's" main purpose is to serve as an all-night gathering for serious study groups. Okay... so maybe not really!

The "Ho" has been located at the corner of Limestone and Euclid since the early 1980's, but will soon be moving to the now-empty Hart's Dry Cleaning building on South Broadway.

No matter the location, the Tolly Ho menu will be jam-packed with tasty eats.

Next time you are strolling home from a night at the bars, stop into Tolly Ho for an early morning breakfast. If you are a first-timer there, be sure to tell the staff. All first-timers at Tolly Ho get a special treat.

[tollyho.com](http://tollyho.com)

It's clear that central Kentuckians love their breakfast, because these aren't the only delicious hot spots around. For a great start to your day, also be sure to try some of the others – Winchell's, Spalding's Bakery, Magee's Bakery, Stella's Deli, Alfalfa Restaurant, Common Grounds, Hanna's on Lime and Coffee Pub in Lexington; Biancke's in Cynthiana; Wallace Station Deli and Bakery in Midway; or the Kentucky Coffee tree Café in Frankfort. ●

Tolly Ho photos



Above: Tolly Ho currently leases a space on South Limestone Street but will be moving to the now-empty Hart's Dry Cleaning building on South Broadway after the space is renovated. Left: Get breakfast, lunch or dinner any hour of the day at Tolly Ho.

 Mary Allison Belshoff is a writer for BG. She can be reached at [editorial@lanereport.com](mailto:editorial@lanereport.com).



Shaun Ring photo

## From Counting Beans to Cooking Them

Brigitte Nguyen, 29, found herself several years ago stuck in a job that was less-than-fulfilling. A financial statement auditor for an accounting firm in San Francisco, she knew something was missing in her life and that she needed to find a new path.

After careful consideration and with some gumption and a heart full of passion, the California native left her accounting job, moved across the country and enrolled in culinary school at Sullivan University in Lexington. She's now not only fulfilling her own dreams but filling others' stomachs. Nguyen (pronounced "win") evolved from a job counting beans to a career where she cooks them.

"The transition was really surprising and interesting for me. I went from sitting in front of a computer all day to working on my feet all day," Nguyen said. "It's so rewarding to feel like I made something at the end of the day."

### Recipe for making love

She made the jump from the Golden State to the Bluegrass State for the oldest reason in the book: love. Nguyen met her husband, Lexington-based real estate agent Michael Prather, while living on the West Coast. The two dated

long distance for more than a year until she made the move to Kentucky. Now the pair enjoy spicing up their relationship – in and out of the kitchen.

"We have different cooking styles. I'm about efficiency and timing, whereas Michael truly enjoys the leisurely preparation," Nguyen said. "He balances me out – I feel like he teaches me so much about life in general, and it's nice to have that role reversal in the kitchen where he is the one asking questions, and I'm the one with the answers."

### Making her mark

After four short years in the commonwealth, Nguyen is making a mark on the culinary scene – in the kitchen and on television. She caters small events and works under renowned Chef Ouita Michel, owner of Holly Hill Inn and Wallace Station Deli & Bakery in Midway.

Additionally, you can catch her every Tuesday during the "LEX 18 News at 12:30" show whipping up meals in the studio. Nguyen says she'd like the opportunity to do even more work, including cooking for others and teaching them how to cook for themselves.

*Brigitte Nguyen married her boyfriend, Michael Prather, in September 2010.*

*This summer, the National Chicken Council flew a crew from San Antonio, Texas, to Lexington to film its new spokesperson, Brigitte Nguyen, cooking three original chicken recipes for future use on its website, nationalchickencouncil.com.*

"I want to share recipes and inspire people to cook outside of the box," she said.

### A competitor and a winner

Nguyen has gotten some national attention for her skills as well, as a contestant in national cooking contests. In 2007, she was also flown to Napa, Calif., as one of 10 finalists in the Sutter Home Build a Better Burger contest and came home with the runner-up prize. She was on season two of the *Food Network's* "Ultimate Recipe Showdown" after being selected as one of four finalists to compete in the Burgers episode in New York City. She lost by only one point.

On Derby Day 2009, Nguyen's luck got better – after submitting her chicken burger recipe to the National Chicken Council (NCC) contest in San Antonio, Texas, she won the grand prize of \$50,000!

The last contest she participated in was season three of the "Ultimate Recipe Showdown," which originally aired on *Food Network* this past April.

Nguyen has had the opportunity also to work in hospitality during the 2008 Summer Olympics and during the 2009 Winter Games.

Eventually she would like to become more involved in food media, such as doing a television show or becoming a culinary writer, but for now, she's happy where she is.

"I love regional foods and influences, so living in Kentucky has provided me with a whole new set of inspiration," Nguyen said. "It's fun to combine what I've learned in Kentucky with what I grew up with in California." ●

Staff photo





## Bourbon's Economic Impact in Kentucky

Distillers of Bourbon and other spirits pump hundreds of millions of dollars into Kentucky's economy each year, according to a Kentucky Distillers' Association study conducted by Dr. Paul Coomes, an economist at the University of Louisville. Key findings include:

Distillers help create about 10,000 jobs with an annual payroll of \$442 million, generate \$125 million a year in taxes and have helped Kentucky weather the recession through growth.

Kentucky hosts 43 percent of all U.S. distilling jobs.

The distilling industry has a job multiplier of 3.29, creating more spin-off jobs than other industries such as tobacco farming, horse farms and coal-mining.

Distilling ranks fourth out of 244 Kentucky manufacturing industries in total employment and job multiplier.

# Spirited Celebrations

Bourbon has long represented the spirit of Kentuckians, helping to define our heritage, bring us together through hospitality and celebration, and boost the Bluegrass economy. As the sounds of summer quiet and the amber shades of fall emerge, Bourbon is again at the forefront of festivals, sporting events and equine experiences that are uniquely Kentucky.

Why does Bourbon's history run deep in the Bluegrass state where 95 percent of the world's Bourbon is produced? Kentucky's first settlers made Bourbon by converting corns and other grains into whiskey to keep it from rotting and make it easier to transport. One of Kentucky's first counties, Bourbon County, exported oak barrels filled with the amber-colored liquor that became known as Bourbon whiskey.

A renewed interest in Bourbon has led to Kentucky distilleries hosting more

than 1.5 million enthusiasts since 2005 from all 50 states and 25 countries who want to view and learn about the distilling process. Four of the six distilleries on the Kentucky Bourbon Trail are in the Bluegrass Region. Landmark distilleries in the area include Woodford Reserve, Wild Turkey, Four Roses and Buffalo Trace, and most allow visitors to savor a free tasting at the end of the tour. ([kybourbontrail.com](http://kybourbontrail.com))

Casual opportunities to enjoy Bourbon with friends include favorite fall pastimes like tailgating at University of Kentucky football games and Keeneland Race Course. Bourbon also finds itself at the center of some other spirited celebrations over the next few months:

Each September, Bardstown, Ky., celebrates its enthusiasm for Bourbon with the annual Kentucky Bourbon Festival (Sept. 14-19). More than 50,000 people attend the event featuring concerts, historical

tours, regional foods and Kentucky's finest Bourbons. ([kybourbonfestival.com](http://kybourbonfestival.com))

Thousands of visitors to Kentucky will have an opportunity to experience the "world of Bourbon" featuring a variety of brands in the main hospitality tent during the 2010 Alltech FEI World Equestrian Games (Sept. 25-Oct. 10). The tent is sponsored by the world's oldest operating Bourbon distillery, Maker's Mark. ([alltechfeigames.com](http://alltechfeigames.com))

The Bourbon Chase is a 200-mile overnight relay on the Bourbon Trail that starts near Bardstown and finishes in downtown Lexington (Oct. 22-23). Runners explore the scenic countryside in teams of six or 12 and enjoy the best of fall with cooler temperatures and a vibrant landscape. The event concludes with a celebration near Rupp Arena that includes food, live music, and of course, Bourbon. ([bourbonchase.com](http://bourbonchase.com)) ●



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*Cheapside Park sits between Main Street and Short Street in downtown Lexington*

# Downtown Revival

*Remake of Cheapside Park, streetscaping projects and the private sector's investment in the entertainment business has residents flocking to the center of the city*

Lexingtonians are rediscovering and loving their downtown. Several thousand area residents, including a strong mix of young professionals, now routinely pour into Cheapside Park for weekly Thursday Night Live music and Saturday morning farmers markets.

Attendance at these years-old downtown events spiked immediately with the April reopening of the rejuvenated park, which is now pedestrian-only and features the inviting new Fifth Third Pavilion. The crowds poured in all summer, even though they had to clamber over and around major streetscape construction that is set for September completion – and which will make the heart of downtown even more appealing.

In the meantime, a business investment boomlet downtown led by dining and entertainment continues. Several more restaurant, bar, music and even retail projects announced during the summer to open downtown.

“It’s a great era in our community,” said Bob Quick, president/CEO of Commerce Lexington. “Twenty-five years from now people will look back

on this as a golden era. People were not satisfied with the status quo and took action.”

Clearly, landing the Alltech 2010 World Equestrian Games at the Kentucky Horse Park created an impetus and a deadline for public and private local leaders to address long-standing deficiencies and dress up the urban core of the Horse Capital of the World. You don’t want the well-heeled equestrian world – literally the world – to show up at your door and take a poor report back home. A combination of local officials, private interests, equine enthusiasts, the economic development community and enterprising private entrepreneurs all stepped up the challenge.

Quick passes out credit in every direction: to Mayor Jim Newberry and the Urban County Council, to Lexington Downtown Development Authority Executive Director Harold Tate, to Kentucky Horse Park Executive Director John Nicholson for spearheading efforts



*Bob Quick, president/CEO of Commerce Lexington*

to get WEG, and to many others, including the private individuals putting their money into projects.

The past two years – during the worst U.S. economic crisis since the 1930s – have seen at least 20 significant businesses openings downtown, a half dozen expansions and at least 10 others announced or in progress.

More than \$100 million in major public infrastructure projects were undertaken also. In addition to remaking Cheapside Park, South Limestone was rebuilt into a pedestrian-friendly corridor from downtown to the University of Kentucky, with the section from downtown to Transylvania University to follow after WEG. A major streetscape project along the western downtown portions of Main and Vine is being completed, with the eastern section to follow after WEG. And the long-sought Newtown Pike Extension project is open from Main to Versailles Road, with the section from Versailles Road to UK to follow after WEG. Lextran now runs trolley-style buses on two downtown loops.

The projects are improving downtown traffic flow and making it more pedestrian and bike friendly, and attractive.

### Exceeds heyday of the '80s

“Success breeds success, and our community is having a lot of success right now,” Quick said. “It’s almost like we’re leapfrogging (ahead). I’ve been in this business for 25 years, and I have never felt like a community had its act together like this one does.”

Downtown is experiencing a revival, one that already exceeds the heyday it had in the mid-1980s. It will reach a crescendo Sept. 25 through Oct. 10 when the quadrennial WEG takes place for the first time outside Europe. Equestrian enthusiasts from across the United States and around the world, especially Western Europe, will be in town. Advance ticket sales had topped 325,000 as of Sept. 1. Important also, 1,500 to 2,000 media from more than 50 countries will be on hand during WEG’s 16-day run, beaming many hours of coverage back home.

There is a feeling, though, that all the WEG commotion will merely serve as a

shakedown cruise for what could become common downtown. Earlier this year, a Cheapside Entertainment District Association sprang to life and has about 20 members, nearly all of whom are financial stakeholders.



*Bob Estes, president of CEDA*

“I hope that all that we’re doing for WEG is something that we can build on for the future,” said Bob Estes, president of CEDA. “Some of the programs that we are testing are for the future.”

A Lexington native who spent about 20 years as a project manager for NASA at the Kennedy Space Center, Estes has a knowing admiration for all the work that has been accomplished downtown by public and private interests.

“I refer to it as a renaissance,” Estes said of the projects and investment occurring downtown. “The city is something that everybody in this part of Kentucky can really be proud of.”

CEDA members refer to themselves and the Cheapside Park area as The Village. Estes estimates they’ve invested somewhere from \$7 million to \$10 million into their private properties.

### Pavilion a game changer

Downtown development officials expected the open-air glass and steel Fifth Third Pavilion built earlier this year at Cheapside Park to bring new life to weekly farmers markets and Thursday Night Live music presentations.

Since they cut the ribbon at the modern 5,912-s.f. pavilion in April, however, Lexington residents have regularly packed events in Cheapside Park like never before. Thursday Night Live attendance leaped from hundreds to thousands. Vendors and businesses in and near the park sell food and drink as fast as they can prepare it. The pavilion has been a game changer.

“People love it,” said Renee Jackson, president of the Downtown Lexington Corp., which promotes downtown as a unique and vibrant place to live, work and play. “People who have not been downtown lately see it and say, ‘Wow!’ ”

As the evening unfolded on the first TNL after the ribbon cutting, Jackson watched anxiously to see what reception local residents would give it and the rebuilt park. The 123-year-old statue of John Breckenridge – a Lexingtonian who was the nation’s youngest vice president – had been shifted, several trees and an entire former sidestreet had been removed along with grass and a fountain. New pavers – the final ones placed

Shaun Ring photo



*The Thursday Night Live event draws thousands of people to Cheapside Park every week.*



*Renee Jackson, president of the Downtown Lexington Corp.*

literally minutes before the ribbon cutting – covered the entire space.

People began arriving early, though, and kept coming. “By 7:30 you couldn’t take the smile off my face,” Jackson said.

And there is a wider mix among those attending TNL, said Jessica Geis, vice president of Downtown Lexington Corp. Those who work downtown are going home and bringing their families back.



*Jessica Geis, vice president of Downtown Lexington Corp.*

“People are attracted (to) downtown because it’s a unique space,” Geis said.

And it’s been gratifying to those who invested in downtown prior to recent activity.

Larry Redmon, local musician and owner of Redmon’s and Bluegrass Tavern, both bordering Cheapside Park, has been involved in downtown entertainment businesses more than 20 years.

**‘A really cool city area’**

“You want to enhance what is already going on,” Redmon said, and recent efforts,



Staff photo

*Restaurant and bar owners think more available patio space and extended closing hours add to the success of area businesses*

**Bank President Barnes Made Pavilion Happen**

The late Lexington banker and community leader Sam Barnes played a key role in bringing the Cheapside Park pavilion project to fruition.

Barnes was president/CEO of Lexington-based Fifth Third Bank, Central Kentucky for 17 years until his sudden death in July. When original funding fell through for the planned park centerpiece last fall, Barnes quickly committed \$750,000 so the open-air glass-and-steel structure could happen. He was one of its ribbon cutters April 16.



*Sam Barnes*

Jay Cowden, senior vice president at Fifth Third Bank and a colleague and friend for 15 years, eulogized Barnes at his service: “Sam Barnes was an exceptional leader who made Fifth Third Bank a strong, community-minded organization in the Bluegrass – while he also made Central Kentucky a better place to live. When he committed himself to a project or cause, he always gave 110 percent effort.

A Central Missouri native and former U.S. Army first lieutenant, Barnes came to Lexington from Atlanta, where he was regional manager of British-headquartered Barclays Bank PLC. His banking career spanned 38 years.

He had held leadership positions in more than two dozen local civic, business, education, arts and charitable organizations. His wife, Sue, lives in Lexington; their two sons are in Atlanta and Cleveland.

including those of local government, have done that. An ordinance change granting establishments more patio space helped, as did extending closings from 1 a.m. to 2:30 and Sunday alcohol sales. Redmon, a CEDA member, said it took years of efforts before occasional Cheapside Street closings began on weekend nights.

The major Cheapside Park makeover has been a big enhancement.

“You look like you’ve walked into a really cool city area,” he said. “I think this has brought it to another level.”

Krim Boughalem came to Lexington five years ago and lives downtown after 15 years working in some of Manhattan’s top restaurants. He opened W + M Wine and Market at Second and Jefferson two years ago and is following that with Bistro 310 on Short Street a block from Cheapside in an 1840 building.

“Things here have changed tremendously” in the time he has lived downtown, Boughalem said, and the pavilion has “energized” the area. He thinks downtown needs more casual establishments.



*Larry Redmon, musician and owner of Redmon’s and Bluegrass Tavern*

Justin Thompson photo

So far, the downtown investment continues, and the positive impact is spreading, according to Anthony Wright, director of economic development for Lexington Fayette Urban County Government.

“Having an attractive, vibrant and engaging downtown is a key ingredient to attracting a highly skilled, highly educated workforce, which in turn, attracts companies that tend to have higher paying jobs,” Wright said.



*Anthony Wright, LFUCG director of economic development*

Redmon would like to see downtown also become more inviting to artists and performers, especially homegrown talent, who typically move to New York, Nashville and Los Angeles to pursue careers.

“In particular, I’d like to see more live music,” Redmon said. ●



*Mark Green is editorial director of The Lane Report. He can be reached at markgreen@lanereport.com*

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## real estate

by Rena Baer



## Picking Up on the Beat of a Downtown Lifestyle

A bounty of nightlife, restaurants, cultural events and happenings such as Thursday Night Live, the Gallery Hop and the Farmers Market are bringing more residents downtown. With this influx has come the realization that the city center is no longer just a place to renew auto registrations, catch a movie at the Kentucky Theater, or watch the Cats play at Rupp. A lot of young professionals, singles and empty nesters are concluding that downtown is a better fit for their lifestyles than suburban living.

From February through July this year, 29 condos were sold in the heart of the city. Ten years ago only three downtown condos were sold the entirety of 2000. That

number didn't increase appreciably until 2004, when the Lofts at Gratz Park, Fairmont on Main and South Hill 525, all came onto the scene, picking up on the beat of downtown living.

Now, there are 11 condo developments downtown.

"I don't think people realize the number of choices they have for condo living within a mile radius of the center of downtown," said Realtor Kitty Lane, who has been selling condos downtown for the past three years.

Granted, with tough economic times, not all have been equally successful. But some, such as Center Court – a mixed-use development between the University of Kentucky and downtown

*Center Court is on the perimeter of the University of Kentucky campus and features modern lofts, retail shops and restaurants.*

that includes 13,000-s.f. of retail space – is in its second phase.

Carrie Lear Milner of the South Hill Group said Center Court, with its location on the perimeter of the University of Kentucky campus and its soft modern lofts, has been popular with, but not limited to, people tied to the college. The 156 condos from phases one and two range in price from the \$140,000s to \$500,000 and are distinguished by the row of retail and restaurants at their base on Bolivar Street.

While Center Court was built from the ground up, that is not the case for all of the condo developments on the market. "It's a mix of traditional, contemporary, conversions and new con-



*Above: Wellington Arms is located at the corner of Woodland Avenue and Main Street. Left: Built in 1931, the building retains its historic charm, but has been renovated to provide residents all the modern amenities they require today.*

struction,” said Harold Tate, president and executive director of the Lexington Downtown Development Authority.

From turning former tobacco warehouses, office space and existing apartments into condos, conversions have been popular, accounting for almost a third of the condos purchased this year.

Built in 1931, Wellington Arms, at Woodland and East Main, was rehabbed from apartments into 32 condos and commercial units in 2005, said architect and owner Lynn Cravens. The five-story English Tudor-style building, where prominent Lexingtonians Alex Campbell and Hillary Boone once lived as young professionals, has its original hardwood floors, a marble lobby, burl walnut paneling, terrazzo halls and crystal chandeliers. Prices range from \$125,000 for a studio to \$410,000 for a three bedroom.

Historic character is another reason people choose to live downtown.

“There’s more of a sense of place than in a suburban neighborhood,” he said, adding that proximity to downtown is also a big draw.

The most recent newcomer is High Point at the Woodlands, which came on the market this summer. Central Bank, repossessed the property when the initial developer defaulted on what was originally The Mark Lofts, then upgraded it inside and out so High Point would better fit the neighborhood.

The condos, designed by Mike Kerwin of Mike Kerwin Custom Homes, include custom kitchens with premium stainless-steel appliances, granite counter tops, hardwood floors, custom blinds, a security system, private patios and a gated parking garage.

“One nice thing about High Point is that it was built to be a condo building,” said Rick Queen of Turf Town Properties, which is listing High Point. “It’s a solid, private and well-secured building. None of the condos are lofts.”

High Point has 4,500 s.f. of professional office space on the first floor, one-bedroom condos on the second and third floors and two-bedroom condos on the fourth and fifth floors, Queen said. The prices on the 36 units range from \$241,750 to \$421,875.



*Above: High Point at the Woodlands has 36 units filled with luxury features. Right: The condo development is located across the street from Ramsey’s Diner on High Street and Woodland Avenue.*

“We’ve had a tremendous response,” Queen said, citing 45 visitors at a recent open house.

In terms of what’s available for condo living, “there’s something for everybody,” Tate said.

Well, almost everybody. Buyers pay a premium price for space in most downtowns nationwide, and in Lexington a condo with three or more bedrooms is going to be expensive, Lane said. At the very highest price point is a 3,300-s.f. condo with three bedrooms and three full baths at \$779,000. Although this condo is a sprawling penthouse on Short Street, adequate space for families is tough to come by unless someone has half a million dollars or more.

But condo living appeals to young professionals, singles and empty nesters willing to trade living space and a yard for the amenities, convenience and excitement of living downtown.

As of late August 34 properties are priced at \$200,000 or less, with a median price of \$160,000. The largest segment of availability falls in the \$200,001 to \$300,000 range, with 78 properties available at a median price of \$242,000.

Tate said the condo market would be flourishing further if financing weren’t so difficult to come by for first-time buyers.



“Twenty percent down is a bitter pill to swallow,” said Tate. “Still, the demand is there – it’s not like Florida or California – it’s just hard to get the financing down.”

With 20 percent down, lower-end prices become a lot more feasible for those entering the condo market as their first foray into ownership.

Lane, who sold 30 condo conversion properties downtown in 2009 for under \$100,000, said that high unit volume in this price range indicates demand in this price sector.

And, there’s no doubt it’s now one of the most desirable Lexington locations in which to live. ●



*Rena Baer is a writer for BG. She can be reached at [editorial@lanereport.com](mailto:editorial@lanereport.com).*



**Chelsey Schlosnagle**

*Owner*  
*Chelsey's Gourmet Pasture Eggs*  
Pleasureville, Ky.  
dutchcreekfarm.net

Shaun Ring photo

While Chelsey Schlosnagle, 18, may seem like she's just stepping into the adult-world, the Pleasureville, Ky., native has more work experience under her belt than some recent college graduates – as in 13 years of business experience! She owns and operates Chelsey's Gourmet Pasture Eggs, a free-range egg business, at her family's Dutch Creek Farm in Shelby County.

This summer, Schlosnagle beat out more than 5,000 girls from across the country, ages 12-18, to win the 2010 "Girls Going Places" entrepreneurship award program from The Guardian Life Insurance Co., based in New York. She took home a \$10,000 prize. Currently a freshman at the University of Kentucky, Schlosnagle is looking forward to living the college life in Lexington, while continuing to operate her successful business back at home.

**The beginning:** When my younger brother Jared and I were four and five years old, we were too small to work the cattle, so our parents bought us five chickens. We really babied them. By the time I was 10, there were too many eggs for us to eat, so we gave them away at church and to our neighbors. When I was 13, my parents started helping us sell them. We then bought 100 chickens, and upgraded by 200-300 chickens every year. We started doing food demos and selling eggs to restaurants and supermarkets.

The name, Chelsey's Gourmet Pasture Eggs, was a marketing strategy to put a face behind the company name. It also allowed me to establish a personal relationship with our customers so they will know who is gathering the eggs.

**The day-to-day process:** It takes about 45 minutes to feed and water our 1,800 chickens. We hire neighborhood kids to come over and help gather the eggs; then we take them to the barn where an automated egg washer can wash 100 dozen per hour. We keep the chickens about a year and a half, and then we sell them to our neighbors to eat.

I call customers once a week to schedule orders. Early in the morning, I load eggs in the back of our minivan and make deliveries in Louisville and Lexington, where they're sold at Whole Foods and Good Foods Coop.

**The challenge:** It will be tough living on campus at UK and coming home on weekends to make egg deliveries and work the farmers' markets. I'll be majoring in agriculture edu-



cation with a minor in public service and leadership. I hope to go to law school down the road, dealing with human rights or environmental issues. I enjoy working for a cause.

**The key to success:** The secret to any success is being persistent in anything you do. I know trying to manage school and a business can get stressful, so if I just be persistent and keep at it, I know it will all eventually work out.

**Mentors:** My mentors have been my parents, Doug and Susan Schlosnagle. They market their own products, too, which include grass-fed beef and free-range holiday turkeys. They've taught me about marketing and how to manage the finances behind a successful business, including how to send invoices and pay bills.

**Advice to others:** Find something you are extremely interested in. If you're working in a business you're not into, it's a chore and you're not going to be successful at it. But if you're passionate and confident in your business, it will succeed. ●

Left: In Lexington, Schlosnagle sells her eggs at Whole Foods and Good Foods Coop.

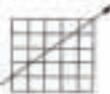
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## entrepreneurs

by Meredith Lane

Shaun Ring photo



### Tim Webb-Beatty

Owner

*Webb-Beatty Homes*

Lexington, Ky.

Tim Webb-Beatty, 31, is a homebuilder in Fayette County. His company has built custom homes in outlying counties, but you can find most of his homes in the Creekside at Andover and The Home Place subdivisions in Lexington. Currently, Webb-Beatty is building in four Lexington subdivisions: The Home Place, Summerfield, St. Andrew's Walk and Equestrian View. The price range is from \$115,000 to \$265,000, which can accommodate the budgets of a wide range of potential customers.

Webb-Beatty lives on the outskirts of Lexington near Woodford County with his wife Liz and their two kids, Reed, 4, and Campbell, 2.

**The beginning:** I attended Lexington Community College and completed my associate's degree in architectural technology. I went on to receive my bachelor of science degree from Eastern Kentucky University in construction Management. While I have been a builder for more than seven years, I think being a young man in this business is a bonus, from the standpoint of trying to build a name for oneself. My age gives me the opportunity to build our business from the ground up and establish a solid reputation.

**The day-to-day process:** I oversee a solid group of subcontractors who complete work of the highest quality. Over the years, we have formed a team that works well together from start to finish.

Outside of building a structurally sound home, we feel that what sets us apart from other local builders is our attention

to the small details in our trim work, light fixtures, wood floors and designer kitchens – details that give each home a distinctive personality. It may sound cliché, but it is always the little things that helps one stand out in the crowd. We also stand behind our product. We want to get it right and always we make sure that we do.

**The challenge:** I cannot say there has been one particularly difficult challenge. I see every challenge as an opportunity to redefine a plan, come up with a new idea, or reset my goals. I view challenges that arise as a time to learn something new about the homebuilding business.

**The key to success:** Our secret to success has been to enter every project with focus and determination to complete it in a timely manner. My biggest professional accomplishment to date is the respect I have earned from my professional peers. Builders work in a fast-paced environment, turning empty lots into family homes, and knowing that I have the respect of my peers for the work I do is important to me.

Secondly, my wife is my best friend and my biggest fan. Without a doubt, she is a huge part of my success. My family as a whole is a huge support system, too. At a young age, I learned from my grandmother to keep God in your life and love your family; she taught me that a successful life is not measured by the amount of money you have, but by how strong your family is.

**Mentors:** My first mentor was also my best friend, my Granddad. He taught me at a young age the value of hard work and the worth of an honest man. He was my most influential mentor – through him, I learned how to be me. I am devoted and determined to have a successful and well-respected business as a tribute to him.

Another mentor to me is a great friend of mine, Matt Foster. He introduced me to the homebuilding business. Matt ran a successful homebuilding business for more than 12 years and still has his hand in Lexington's real estate market. Through Matt, I learned how to build a quality home; he showed me all aspects of the business. I am thankful for what I have learned and continue to learn from him.

**Advice to others:** Building homes is a high-risk business, so we make sure the rewards outweigh the risks. I ask questions and get advice from more-experienced business people, and I surround myself with a good supporting cast of staff who take pride in their work.



Shaun Ping photo

*Tim Webb-Beatty is currently building in four Lexington neighborhoods including The Home Place (shown here), Summerfield, St. Andrew's Walk and Equestrian View.*

I would advise any young professional wanting to start their own business to have faith in what they are trying to accomplish. In other words, believe in your plan, and set reasonable and attainable goals. ●

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## featured couple

by Stephanie Apple

# Zahra Tavakoli M.D. & Eric Ostertag Ph.D., M.D.

This issue's featured couple recently moved to the area, and they share a refreshing perspective on the Bluegrass Region and why they're proud to now call it home. Zary and Eric moved to Lexington from Pennsylvania in pursuit of the high quality of life and economic opportunities the city offers its young professionals and creatives.

### Hometowns

Zahra "Zary" Tavakoli was born in Iran, and moved to Europe at the age of 6. Her family moved around Europe before settling in the United States in Los Angeles in 1983, which is where she spent most of her childhood. Zary, a physician, spent the past 10 years in Philadelphia, training for her residency and working at Temple University. She moved to Lexington in early 2010.

Eric was raised in Wisconsin. He moved to Philadelphia for medical school and to complete his Ph.D. He moved to Lexington part-time in 2008, and made a full transition to the area in 2009.

### How They Met

Eric and Zary met in Philadelphia and jokingly attribute their first encounter to Craig's List. Zary was looking for a nicer place to live at the same time Eric had his condo posted for rent on the classifieds website. Zary didn't end up renting his condo, but she immediately knew she had met someone special and wanted to get to know Eric better. They kept in touch via e-mail and dated long distance when Eric moved to Lexington.

### Careers that Work

Zary made a difficult decision when she left the job she loved at Temple University to accept a position at Lexington Clinic. She places a great deal of importance on working with good people and knew that she would be leaving that behind at Temple. She found a position in Kentucky rather quickly when she met with the director at Lexington Clinic and immediately felt that she was in right the place. "I chose Lexington Clinic because of the director and staff. I knew that I would fit in well," said Zary. "My colleagues take pride in their work, and they do a good job. People here are happy to be a part of the community and contribute where they can." Her responsibilities include urgent care and shift work. She says the clinic's "patient comes first" motto creates a positive environment where she can thrive and work with wonderful patients.

Eric is the CEO of Transposagen Biopharmaceuticals Inc., a company he started while in medical school. Transposagen



Shaun Ring photos

creates tools for drug discovery and is also developing a non-embryonic stem cell technology that has all the promise of embryonic stem cells, without the associated ethical dilemmas. He also co-founded Vindico NanoBioTechnology Inc. Vindico uses nanotechnology to develop biomedical diagnostics and human therapeutics, such as artificial blood. Eric wasn't expecting to lead either company as a career, but admittedly fell into it as both companies grew.

Eric discovered Lexington when he started looking for places that would be cost-effective for both living and doing business. Kentucky was the first in the nation to match a particular type of government grant that Transposagen had received with additional funds, and Eric received one of these matching grants from the Kentucky Cabinet for Economic Development to relocate Transposagen to Lexington. In 2009, he moved Vindico to the area as well.

A few employees followed Eric from Philadelphia, but he also hired new employees from out-of-state and a substantial number from Kentucky. Eric notes that UK is a research-oriented university, which added to the appeal of locating in Central Kentucky.

Eric Ostertag Ph.D, M.D. is the CEO of Transposagen Biopharmaceuticals, Inc., a biotechnology company, based in Lexington, Ky. The lab provides unique animal models and other research tool technologies to improve drug discovery and development research.

### Word of Advice for Young Professionals

Eric and Zary encourage other young professionals to “follow your passion and surround yourself with good people.” They believe that when you follow your dreams to wherever they take you, you can always be happy in the environment you find yourself in and should feel empowered to change the things you’re not happy with.

### Favorite Things about Bluegrass Region

Eric and Zary enjoy outdoor activities and have found plenty to do here with great hikes, picnics and exploring nature. They also appreciate the value that Central Kentuckians place on their community. They see people doing good for not only their own families but also people they don’t know. “Kentuckians are involved and take pride. They’re helpful, and it comes from the heart,” said Zary.

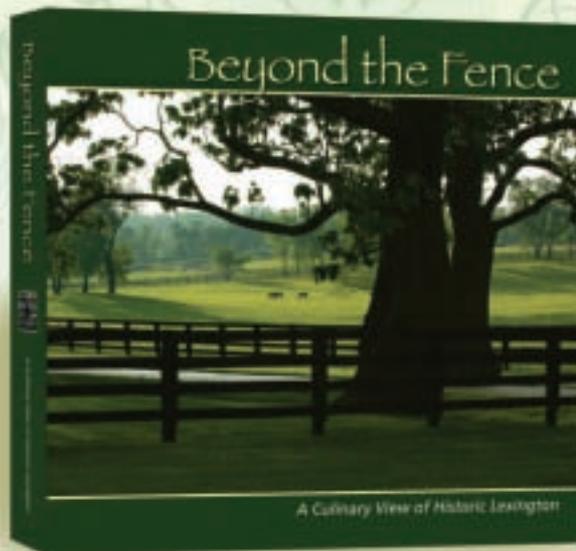


“People here are genuine and friendly,” added Eric. “The quality of life coupled with the low cost of living and doing business is a combination that’s hard to find.” Zary has lived in at least six countries and finds that when it comes to the simple things – like getting to the airport or going to the grocery store – this area creates an ease of life enjoyed by those who call Lexington home. The couple also admires the region’s scenic beauty. “It’s majestic, pristine and clean,” said Zary. “The region has a lot to offer; it holds its own, and it’s not second rate to any other,” they agreed. ●

## A Gift Worth Giving...and Receiving

*Beyond the Fence: A Culinary View of Historic Lexington* is a displayable hardback book that features historical vignettes, recipes and exquisite photography of Central Kentucky. It contains more than 260 recipes contributed by local chefs, area residents and Central Baptist Hospital employees.

All proceeds from the book go to provide continual funding to the Central Baptist Hospital Foundation Cancer Program, which is dedicated to enhancing the lives of individuals and families touched by cancer through patient care, research and education initiatives.



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*The Red Mile in Lexington is the second oldest harness race track in the United States.*

equine

by Amy Owens

# Legends of the Fall

*Championship horse racing showcased in Kentucky*

Horse racing is an important component of the sports scene in the Bluegrass, especially in the fall when big money is on the line at Keeneland and The Red Mile in Lexington and at Churchill Downs in Louisville.

Keeneland opens its 17-day fall Thoroughbred season on Friday, Oct. 8, with

## What's the difference?

A **Thoroughbred** carries a jockey. Races range in distance and are held either on dirt, synthetic or grass surfaces, depending on the racetrack. Thoroughbreds can exceed 40 mph.

[jockeyclub.com](http://jockeyclub.com)

A **Standardbred** pulls a driver in a two-wheeled cart called a sulky. Horses either trot or pace in a race: A trotter races with his diagonal legs moving at the same time; a pacer races with the legs on the same side of his body moving in unison. Nearly all races are at a mile. Standardbreds reach speeds of 30 mph.

[ustrotting.com](http://ustrotting.com)

three days of racing called FallStars Weekend. A total of 10 stakes races worth nearly \$2.9 million will be run over the weekend. Eight of those races (and another major race later in the season) are part of the Breeders' Cup Challenge, which offers the winning horses a bonus called "Win and You're In." More about that later.

The place to see and be seen in the afternoons, Keeneland is also a great place in the mornings, especially if you want to learn more about Thoroughbred racing. Activities during the racing season include Breakfast With the Works on Saturdays. The family-friendly program begins at 7 a.m. with trackside commentary about Keeneland and Thoroughbred racing, along with children's activities and special guests – all while racehorses exercise on the track. Breakfast is a hearty Southern-style meal.

A horse-related demonstration in the paddock (where the racehorses are saddled) follows at 8:45 a.m. Then, before the races begin that day, a free handicapping seminar is offered trackside with tips for wagering on the horses.

Other popular Keeneland promotions include College Scholarship Day (Oct. 15), which attracts thousands of students from Kentucky and elsewhere for live music, giveaways and a chance to win a \$1,000 scholarship. There's also Military Day on Sunday, Oct. 24, which recognizes soldiers, veterans and their families.

Of course, the University of Kentucky football team is also in action in October, with home games on Oct. 9, 16 and 23. Fans from visiting schools often make Keeneland part of their Lexington visit; evening kickoff times allow the best of both worlds.



*The Red Mile is known for its red clay, one-mile track.*

# Horse Racing in Kentucky

**Keeneland** [keeneland.com](http://keeneland.com)

**Location:** Versailles Road  
across from Blue Grass  
Airport, Lexington

**Fall racing season:** Oct. 8-30 (17 days, Wednesday-Sunday)

**First race:** 1:05 p.m.

**The Red Mile** [theredmile.com](http://theredmile.com)

**Location:** Red Mile Road between Versailles Road and S. Broadway, Lexington

**Racing season:** Aug. 15-Oct. 7 (21 days, Sunday, Monday, Thursday; no racing on Aug. 16, Aug. 30 and Sept. 20)

**First race:** 6:30 p.m.

**Grand Circuit meet:** Oct. 13-23 (8 days, Wednesday-Saturday)

**First race:** 12:30 p.m.

**Churchill Downs** [churchilldowns.com](http://churchilldowns.com), [breederscup.com](http://breederscup.com)

**Location:** 700 Central Ave., Louisville

**Fall racing season:** Oct. 31-Nov. 28 (21 days, Wednesday-Sunday), includes the Breeders' Cup World Championships on Nov. 5-6

Keeneland photo

*Keeneland offers Thoroughbred racing in April and October*



## Back to "Win and You're In."

Horses that win the nine Breeders' Cup Challenges races at Keeneland automatically qualify to the corresponding race in the 27th Breeders' Cup World Championships on Nov. 5-6 at Churchill Downs, home of the Kentucky Derby. The Breeders' Cup, North America's season-ending championship event for Thoroughbred racing, consists of 14 races worth \$26 million that attract horses, jockeys, trainers and owners from around the world. The Breeders' Cup traditionally moves to a different track each year, but will return to Louisville in 2011.

Breeders' Cup ticket information is available at [bcwc2010.com/tickets](http://bcwc2010.com/tickets). If you can't get to Louisville, however, you can watch and wager on the races at Keeneland. And ABC/ESPN will televise the event to a worldwide audience that includes more than 120 countries. ●

In August, September and October, The Red Mile offers Standardbred racing. The final eight days of the season is the Grand Circuit meet, which attracts some of the leading horses and drivers from around the sport. The richest event is the

\$600,000 Kentucky Futurity, the final leg of trotting's Triple Crown which was first run at The Red Mile in 1893. Last year, the race attracted eventual winner, Muscle Hill, who earned nearly \$3.3 million in his career.



*Amy Owens is special publications editor for The Lane Report. She can be reached at [amyowens@lanereport.com](mailto:amyowens@lanereport.com).*

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# Living the Dream

If you ask Joker, he'll tell you he's just living the dream. Becoming the head coach at his alma mater is something he couldn't have imagined.

The best part is, history was made even before the first snap of the Joker Phillips' era at Kentucky.

The Wildcats are predicted to finish ahead of Tennessee in the SEC East.

The season started off well with the Cats beating in-state arch rival Louisville. Like Kentucky, the Cardinals broke in a new head coach as well, with former Florida defensive coordinator Charlie Strong at the helm. With a 23-16 win to start off the season, Kentucky has now beaten Louisville four years in a row.

The Cats will wrap up the 2010 regular season campaign in Knoxville. The Vols will have their hands full with their second new coach in two years, so there's a good chance Kentucky can finally top Rocky Top.

Speaking of Tennessee, Joker made several changes to his staff when he took over, including adding former UT quarterback Tee Martin. Martin did what Peyton Manning couldn't, win a national championship in college.

Martin made his impact felt early on the recruiting trail and as the wide receivers coach believes he's got some real weapons for the offense this year.

Joker also added offensive line coach Mike Summers, former Wildcat player and coach Greg Nord to take over coaching special teams and tight ends, and David Turner as the defensive line coach and assistant head coach.

This team certainly passes the "eyeball test." The addition of Rock Oliver as the strength coach has changed the team in just a few short months. They are stronger, leaner and in much better condition.

As far as the players go, there are some big things expected from a couple

of veterans. Both running back Derrick Locke and wide receiver Randall Cobb were selected by the media and the SEC coaches as first-team all-SEC players.

Cobb is one of the best all-around players in the SEC. He's played quarterback, running back, receiver and he's even asked Joker to play defensive back so he can be in the game for every snap. Cobb is also one of the most electrifying punt returners in the game.

Phillips says Cobb will absolutely be taking some snaps this year in the "Wildcat" or "WildCobb" formation.

Locke is tenth all-time on UK's rushing list and could move up this year.



*Joker Phillips,  
UK Football  
head coach*

*Commonwealth Stadium is the home of the UK football team, a member of the Southeastern Conference. The Wildcats play to sellout crowds at Commonwealth.*

He's also a wildly dangerous kickoff returner who has a pair of 100-yard touchdown runbacks in his career.

As for the quarterbacks, Kentucky has a unique situation, two quarterbacks who both have winning records in Mike Hartline and Morgan Newton. Both have won games in the SEC and both are capable of leading the team. Hartline was the starter for the entire 2008 season but was injured during the South Carolina game in 2009. That's when true freshmen Morgan Newton came in and orchestrated road wins at Auburn and Georgia.

Joker expects this year's offense to resemble the one lead by Andre Woodson, Keenan Burton and Jacob Tamme in 2007.

As for the defense, that side of the ball is a little more uncertain. There

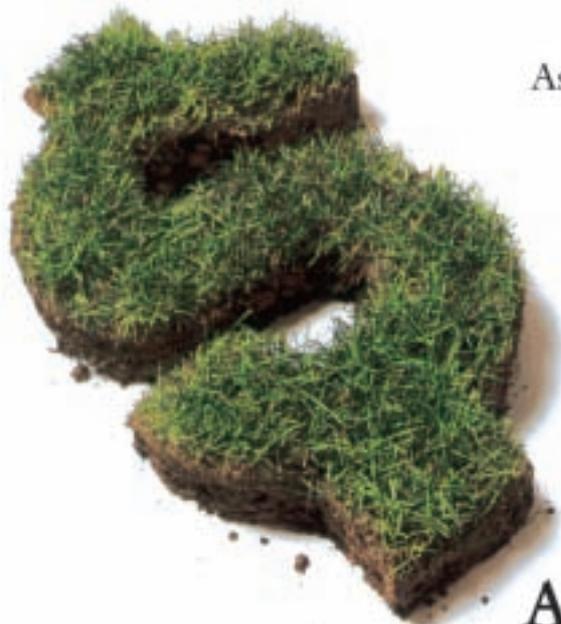


Staff photo

have been several key losses due to graduation or academics. They will be relying on players like defensive end DeQuin Evans and linebacker Danny Trevathan to lead the way.

The Cats did get some help on the defensive line with the late signing of Elliott Porter, who had originally signed with LSU. Porter, along with Donte Rumph, will provide some big help on the line.

After trips to four straight bowl games, the expectations at Kentucky are much higher. The bar has been raised. The coaches and players believe they are a team capable of competing for and SEC championship. They expect to return to a bowl game for the fifth straight year, a school record. Joker and the players say they are ready to win, ready to climb the SEC ladder and ready to take the next step. ●



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# Fall in the Bluegrass is...

## The Legacy Trail



The Legacy Trail was unveiled to the public September 12. The trail is a nine-mile walking and biking trail leading from downtown Lexington to the Kentucky Horse Park. Legacy Trail supporters believe the trail is vital to improving the community's health by becoming a place for extensive recreation.

## Historic Distilleries



There are four historic distilleries still operational today in Central Kentucky, which include Woodford Reserve Distillery in Versailles, Buffalo Trace in Frankfort, Four Roses in Lawrenceburg and Wild Turkey in Lawrenceburg. Make a day of it, explore the grounds, have a few tastes of the good stuff... and try to visit more than one!

## The Farmers Market



Pick up some local produce to eat healthier and support the local economy. In addition to browsing the goods of dozens of vendors, watch musicians and street performers in the act, while sampling some Kentucky favorite meats, cheeses and other tasty morsels.

## The Gallery Hop



Now in its second decade, Lexington's Downtown Gallery Hop is held five evenings a year. The connoisseurs, the collectors and the curious enjoy open house hospitality at dozens of galleries, museums, artists' studios, shops and restaurants throughout downtown. Shown here: the Morlan Gallery at Transylvania University.



## Cheapside Pavilion Patio

Want to see and be seen? Join the hundreds who flock to the melting pot of venues along Pavilion patio, including Redmon's, Skybar, Bluegrass Tavern, Cheapside, Courtyard Deli, Pulse, Dudley's on Short and coming this fall, the Wild Cat Saloon.



## Big Blue Madness

It's not difficult to "Bleed Blue" if you live in the Bluegrass, where Kentucky basketball is more of a religion than a spectator sport. We're looking forward to seeing what Cal's new crop of players are going to do on the court this season.

## UK Football



Show Joker and the Wildcats your support! Deck yourself out in bright blue and white to enjoy family, friends, food, drinks and most importantly – football – at Commonwealth Stadium! The crazier the fans look (and act), the better! C-A-T-S Cats! Cats! Cats!

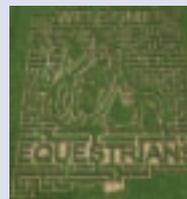
## Keeneland's Fall Meet



Dress up in your Sunday best or throw on a pair of jeans and head to Keeneland while the leaves are turning to mingle with friends, enjoy a cup of Kentucky burgoo and win some money on the ponies at the nation's only English-style Thoroughbred race track.

## The Giant Corn Maze

Wander through the nearly nine acres of this skillfully designed maze, carved into a canvas of corn at the Kelley Farms Giant Corn Maze and Pumpkin Patch in Lexington. Open through October 30, 2010, the maze normally features Abraham Lincoln's likeness, but this year's design is their best one yet, featuring a special message for equestrians! Go see it for yourself!



## Natural Bridge



Located in Powell County, Ky., the sandstone arch called Natural Bridge has stood for millenniums. The arch is 78 ft. in length, 65 ft. high, 12 ft. thick and 20 ft. wide. Grab some friends, pack some snacks and make a day out of experiencing the stunning views at this state park.



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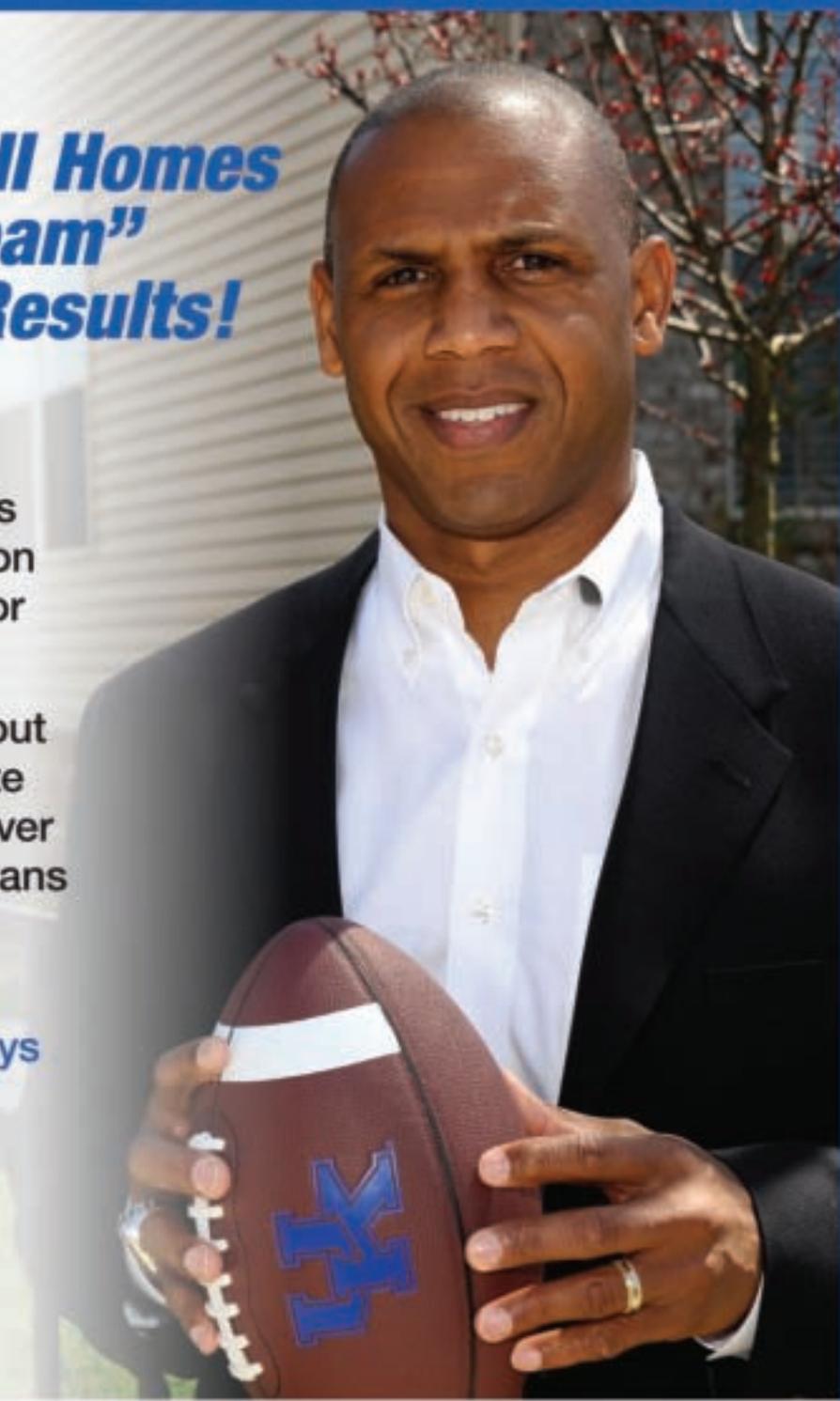
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